

MEET THE PRINCESSES AND FOLLOW YOUR DREAMS

Disney
PRINCESS

DREAM BIG,
PRINCESS

PRESENTS

SNOW
WHITE'S
STORY



WHAT
SHE LOVES
AND
DREAMS
ABOUT

MOVIE
GAMES &
PERSONALITY
QUIZZES

GET HER
LOOK
AND
HAIRDO



A Day
With
Snow
White





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Wherever there's a **PRINCESS**, there's a dream! And **SNOW WHITE'S** dream is to live in a world full of **HARMONY**, where people are welcoming, so it's easier to **MAKE NEW FRIENDS**. Snow White is always ready to cheer her friends on, believing that if someone is grumpy or gruff, **A SMILE** might be just the thing to turn their day around.

Turn the page and **LIVE A DAY WITH SNOW WHITE**, to find out what you and her have in common!



LEARN ALL ABOUT
SNOW WHITE'S BRIGHT
PERSONALITY!

MEET THE CHARACTERS

Snow White

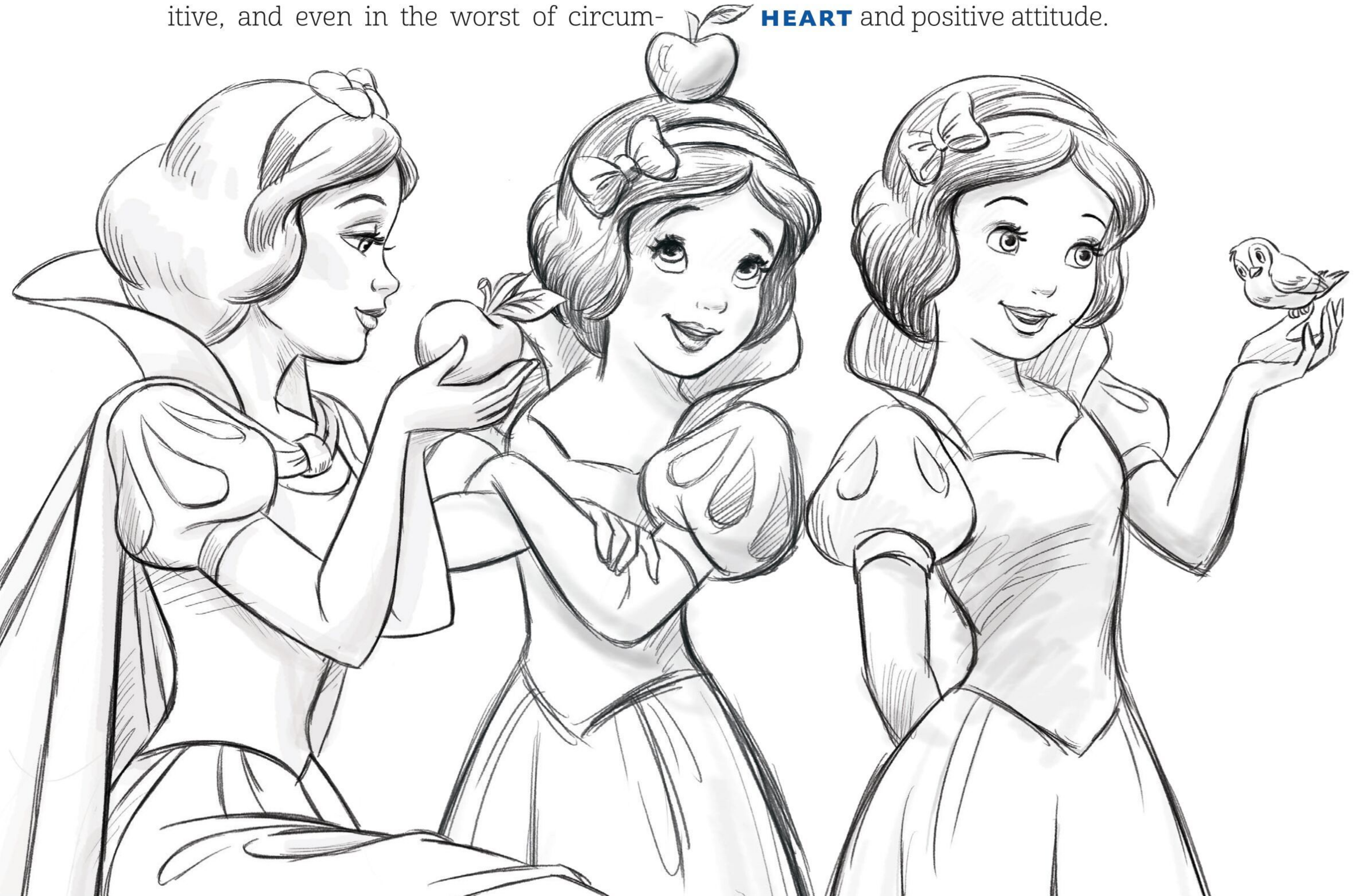
Snow White has the amazing ability to find the bright side in any situation. She shares her **OPTIMISM** with everyone she meets, reminding them, "You're the one who can fill the world with sunshine." Her cheerfulness is contagious, and brings out the best in all her friends!

The young princess always remains positive, and even in the worst of circum-

stances, she **NEVER GIVES UP HOPE** that things will work out somehow.

She's sincerely interested in every person she meets and **CARES A LOT ABOUT HER FRIENDS**, always eager to listen and offer encouragement if she can.

Generous, compassionate and affectionate, Snow White wins over the forest animals and the Seven Dwarfs with her **KIND HEART** and positive attitude.





OPTIMISTIC

CHEERFUL
INNOCENT

RESILIENT

CALM

CARING

NURTURING
GENEROUS
COMPASSIONATE

SWEET-NATURED

GENTLE
AFFECTIONATE



Snow White Loves....

MUSIC AND DANCING

Snow White loves music and often sings to help lift her spirits when she's working. She enjoys dancing as well, and happily joins the dwarfs when they play their instruments, having fun together to the sound of cheerful melodies.

ANIMALS

Snow White cares for animals and is always there to help them. And the animals comfort and support her when she is in need. In fact, they showed her the dwarfs' cottage and lent a "paw" to help clean it. What a special friendship!

Snow White Dreams of...

WALKING IN THE WOODS

Just outside Snow White's castle lies the Black Forest. The young princess likes walking in the woods, stopping from time to time to pick flowers, talk to animals or just admire nature in bloom.

A WORLD IN HARMONY

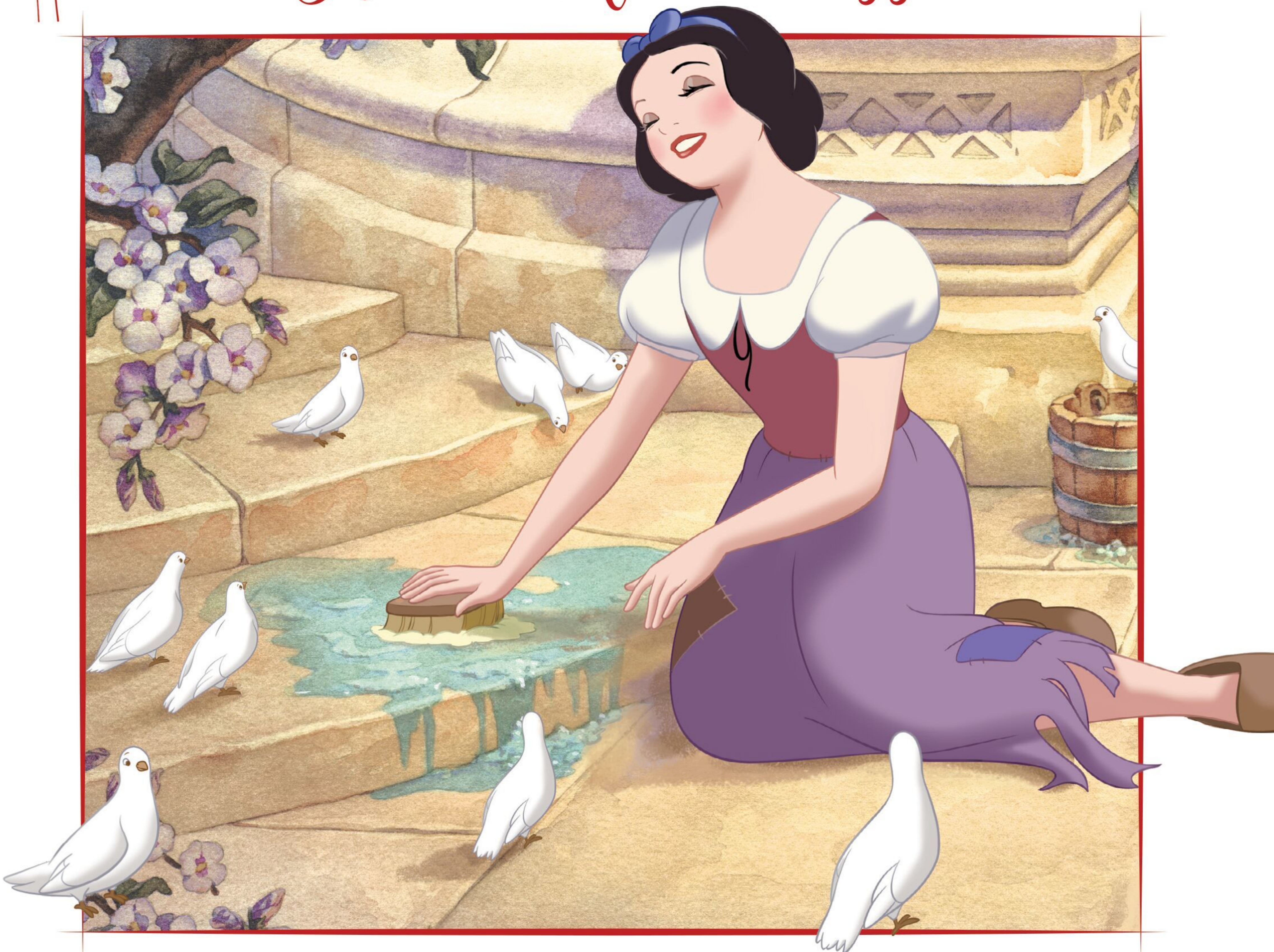
Snow White wants to contribute to the harmony in the world by taking care of others—and that sometimes means also taking care of common spaces.



RELIVE THE EXCITING TALE
OF SNOW WHITE AND
HOW HER UPBEAT SPIRIT
CHANGES HER LIFE!

MY STORY

True Kindness



In a kingdom near the Black Forest lived a kind and beautiful princess. Her heart was so pure and her skin so fair that she was called Snow White. Her wicked stepmother, the Queen, was jealous of Snow White's beauty, so she forced her to dress in rags and work as a maid in the castle. But Snow White **DIDN'T LET IT GET HER DOWN**—she believed staying positive always makes life better.

Every day the Queen stood in front of her Magic Mirror and asked who was the fairest of all, and the Mirror always said it was the Queen. But one day the Mirror announced that Snow White was the most beautiful woman in the land.



That same day, Snow White stopped at the well and sang a beautiful song about her dream of meeting a prince and falling in love. Much to her surprise, a charming prince suddenly appeared. He fell for Snow White, who was so shy and flustered that fled into the castle!

Meanwhile, the jealous Queen ordered her royal huntsman to take the young princess far into the forest, kill her and bring back her heart in a carved box.



But the huntsman couldn't bring himself to hurt Snow White. He told her to run far away so the Queen would never find her.



Snow White ran deep into the woods and at last, exhausted and scared, collapsed in a clearing. Forest animals gathered around to comfort her. Even though everything in her life had suddenly changed and her future was uncertain, **SNOW WHITE DIDN'T LOSE HOPE.**



She decided the first thing to do was to find a place to rest. Led by the animals, she got to a cottage in the forest. She soon discovered that no one was in—and the place was quite a mess!

With the help of her forest friends, she tidied up every nook and cranny to surprise the owners, when they came back. She thought that, if they liked how she had cleaned up, they might let her stay.

When Snow White went upstairs, she found seven tiny beds with names carved on them—Doc, Happy, Sneezy, Dopey, Grumpy, Bashful and Sleepy. Tired from cleaning, she fell asleep.

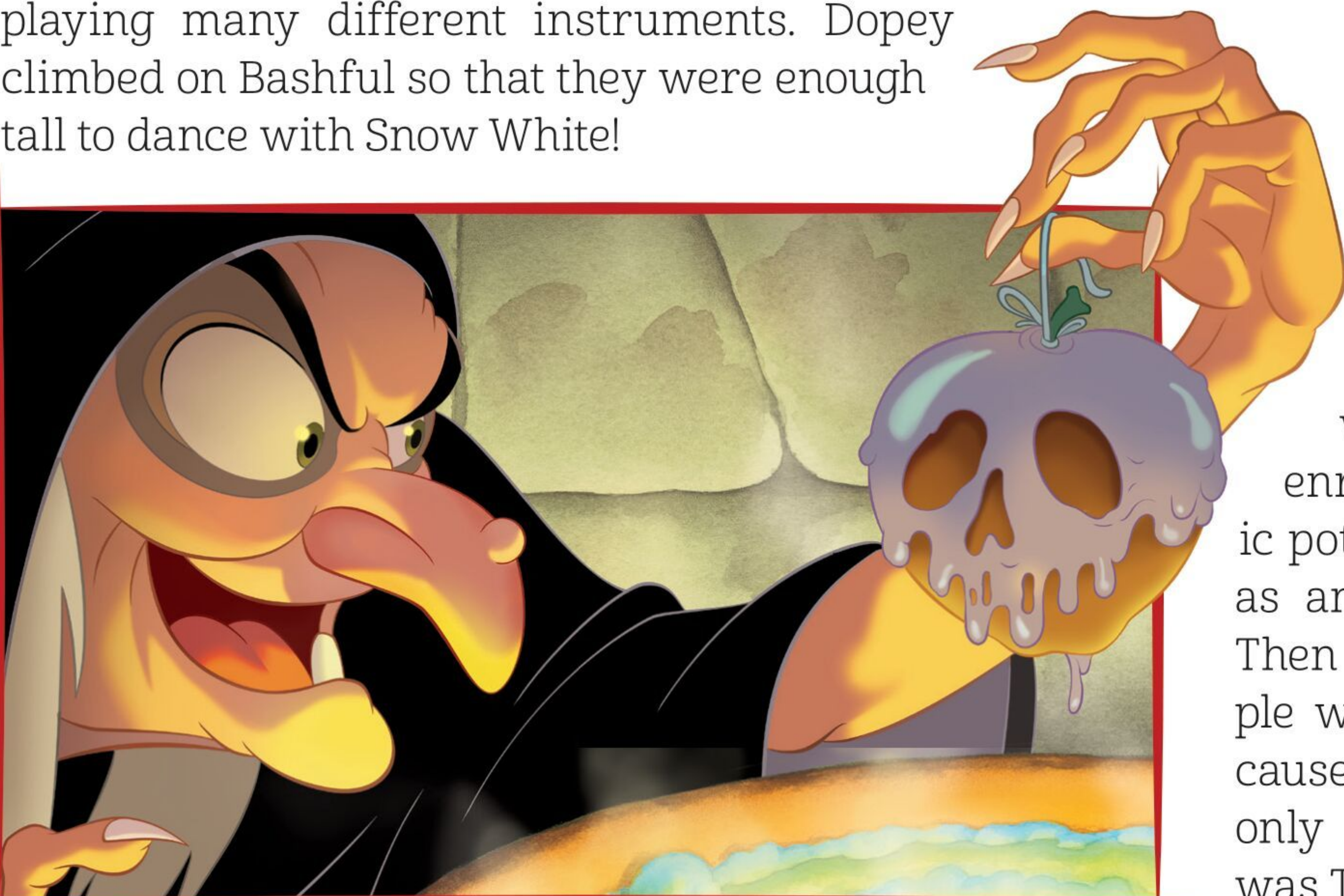


When Snow White awoke, she saw seven dwarfs—who owned the cottage and worked at a nearby mine—staring at her! She told them about the Queen, so they agreed to let her stay.

Snow White really appreciated the dwarfs' hospitality and the delicious meal she cooked was her way to thank. To her surprise, the dwarfs even agreed to wash up before dinner!



After dinner, Snow White and her new friends sang and danced the night away. The dwarfs were very good at playing many different instruments. Dopey climbed on Bashful so that they were enough tall to dance with Snow White!

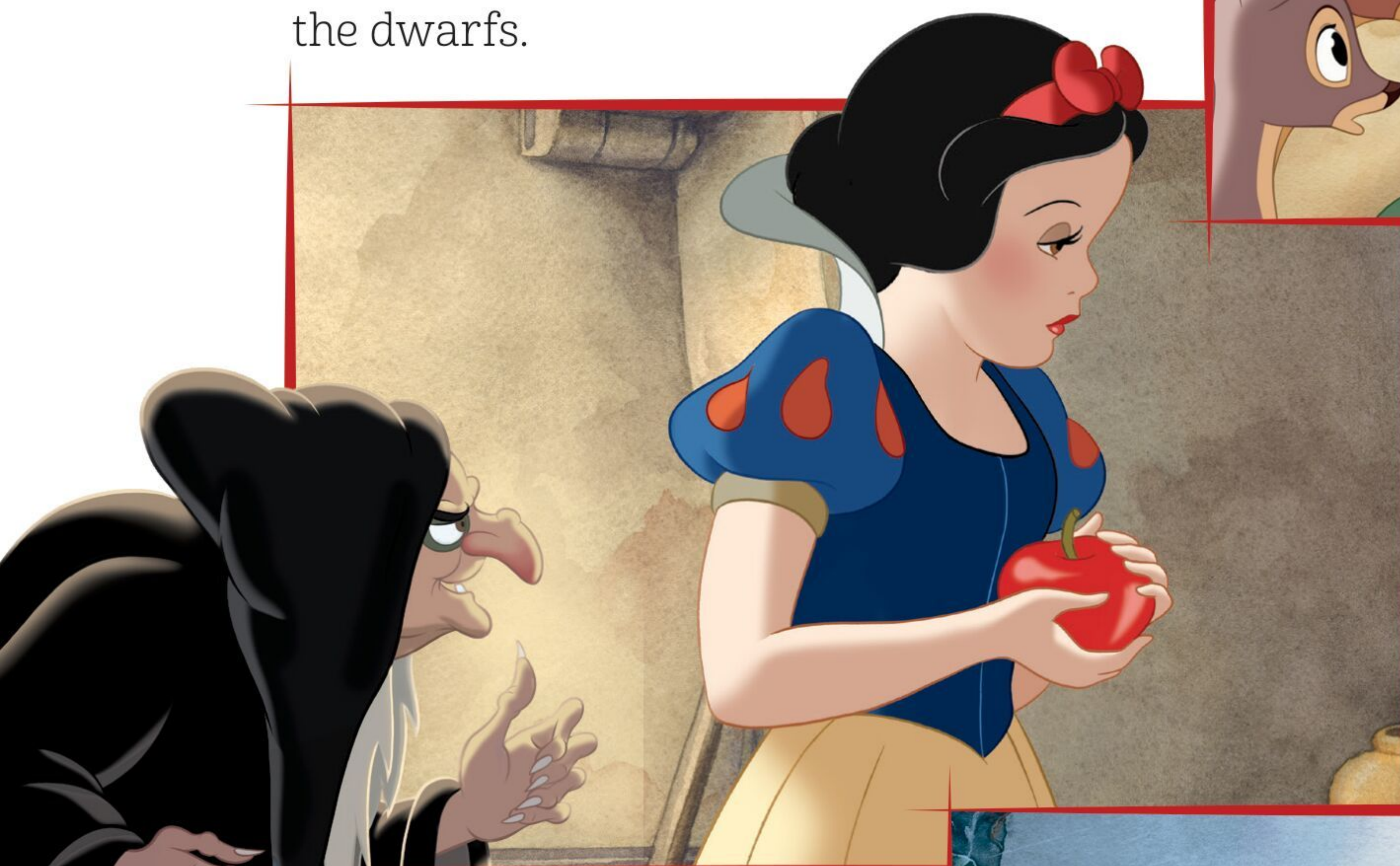


When the Queen learned Snow White was still alive, she was enraged! She made a magic potion to disguise herself as an old peddler woman. Then she poisoned an apple with a spell that would cause a sleeping death. The only antidote to the curse was True Love's Kiss.



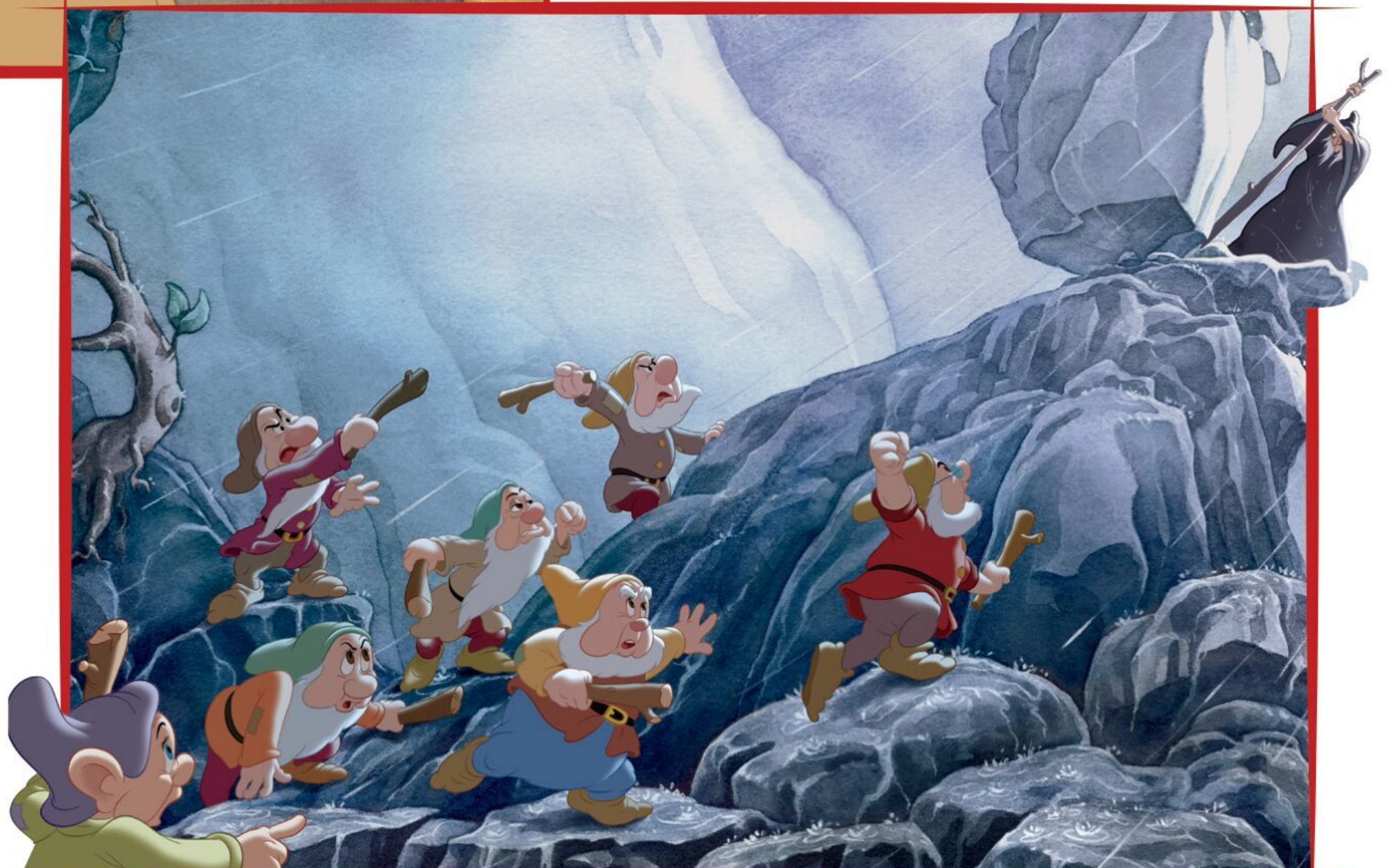
A few days later, after the dwarfs had left for work, Snow White decided to bake a pie for them. Suddenly an old woman appeared and offered apples for the pie, inviting Snow White to try one.

The birds sensed something wrong and tried to drive the old woman away, but Snow White **COMPASSIONATELY WELCOMED HER INSIDE.** Alarmed, the animals raced to the mine to warn the dwarfs.



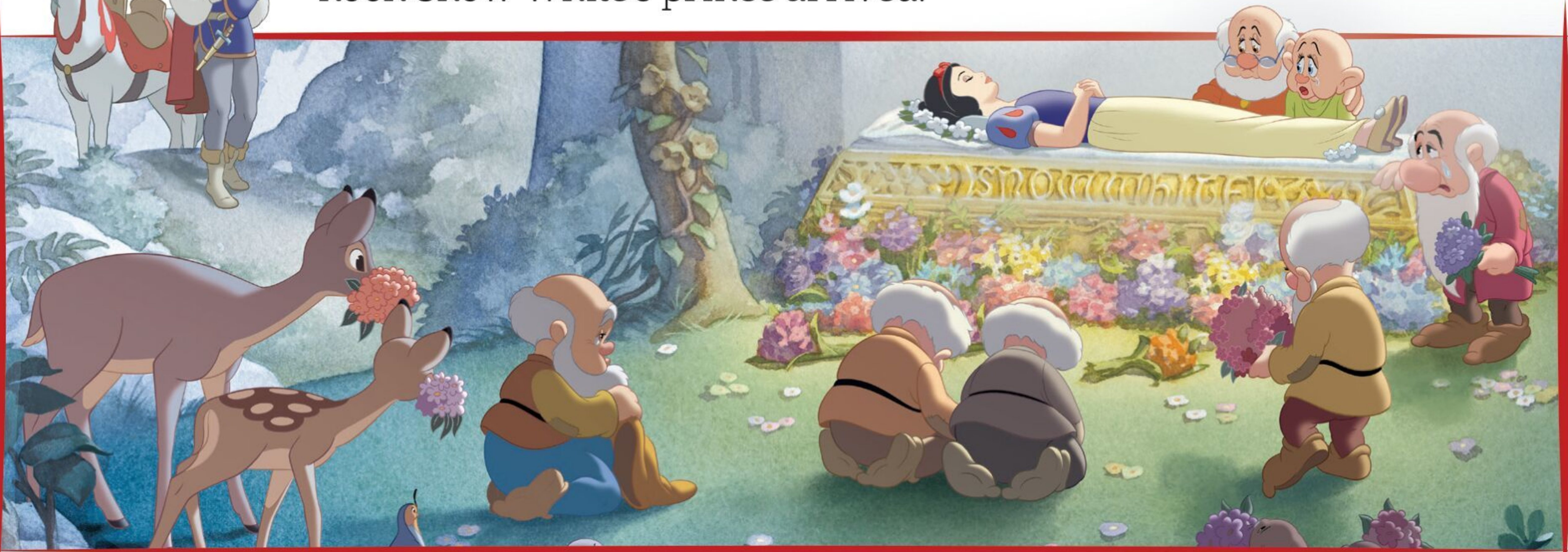
Again the peddler woman offered an apple to Snow White, saying it had the magic power to grant a wish. Remembering her dream of falling in love with a prince, Snow White took a bite of the apple—and fell into a deep sleep!

Alerted by the animals, the dwarfs raced home and found the peddler woman—and recognized her as the Queen! As a storm raged, they chased her to the top of a mountain. Suddenly a lightning bolt struck the rock where the Queen stood, and she fell, never to be seen again.

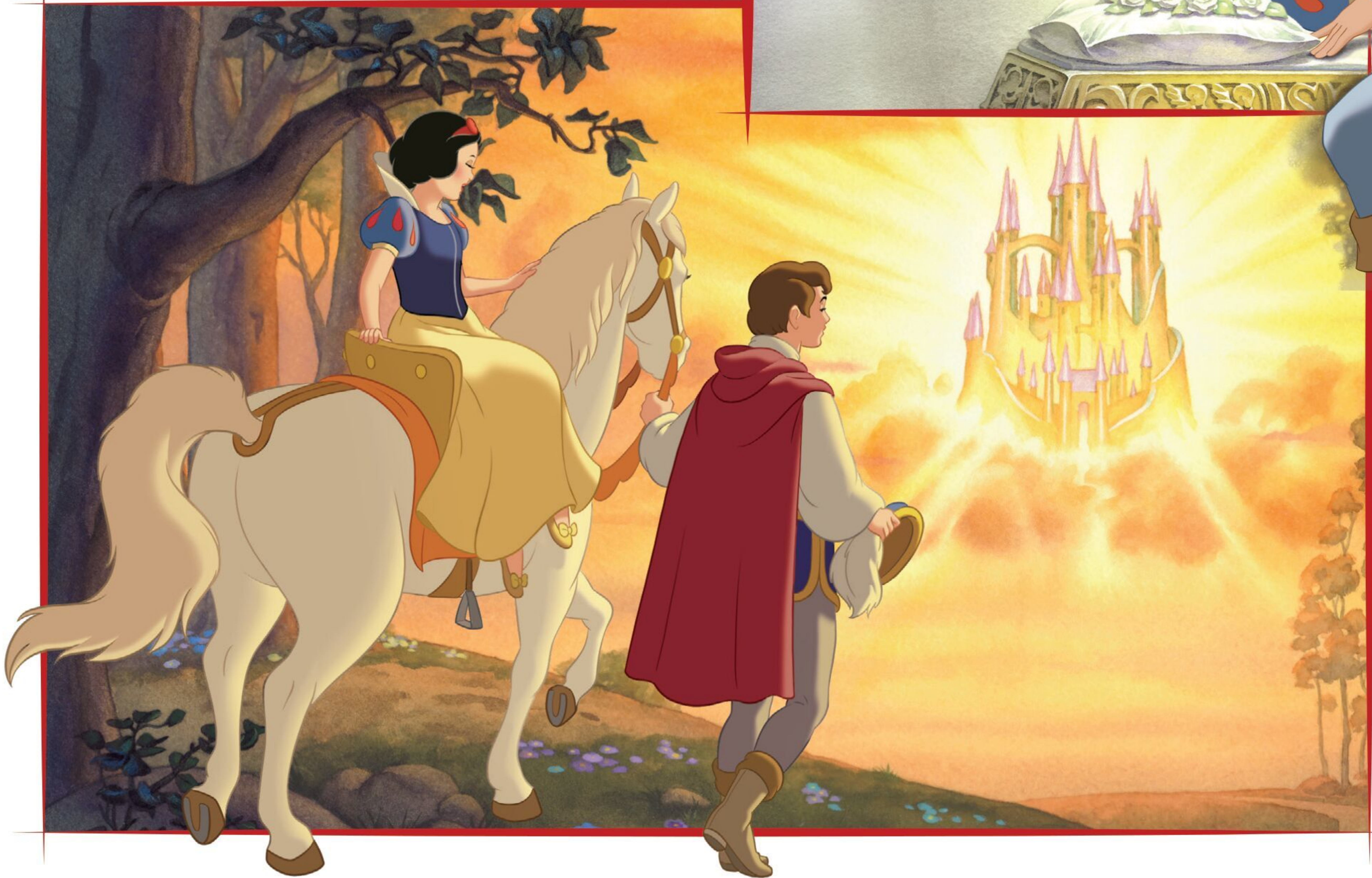




The heartbroken dwarfs fashioned a golden coffin for Snow White. Day and night, season after season, they watched over her—until one afternoon Snow White's prince arrived.



The prince had searched for Snow White since the day they met at the wishing well, and when he saw her, he knelt down and kissed her. It was True Love's Kiss!



The princess awakened to rejoin the dwarfs, the forest animals and the prince. Even before her dreams came true, **SNOW WHITE'S UNWAVERING OPTIMISM HELPED HER FIND JOY EVERY DAY.** And thanks to **HER KIND HEART,** she made friends who cared for her and helped her find her happily ever after!

The End



TEST YOURSELF, AND BASED ON
YOUR ANSWER, FOLLOW THIS
CHART TO FIND OUT IF YOU TRY
TO LOOK ON THE BRIGHT SIDE,
LIKE SNOW WHITE!

Are You an Optimist?



***"If something
can go wrong,
it will go wrong."
Do you agree?***

YES

NO

***You stop at your
favorite ice cream
shop, but there's
a long line.
Do you get in line
or leave?***

STAY

LEAVE

***Are you easily
upset?***

YES

NO

***On a hike with
friends, you fall
into the creek.
Is your day ruined?***

YES, I'M GOING
HOME

NO, AT LEAST
I'VE COOLED OFF!



***Do you trust
your new friends
right away?***

**YES,
WHY NOT?**

**NO, IT TAKES
A WHILE**



***You're served an
unusual new soup
for lunch.
Do you try it or
avoid it?***

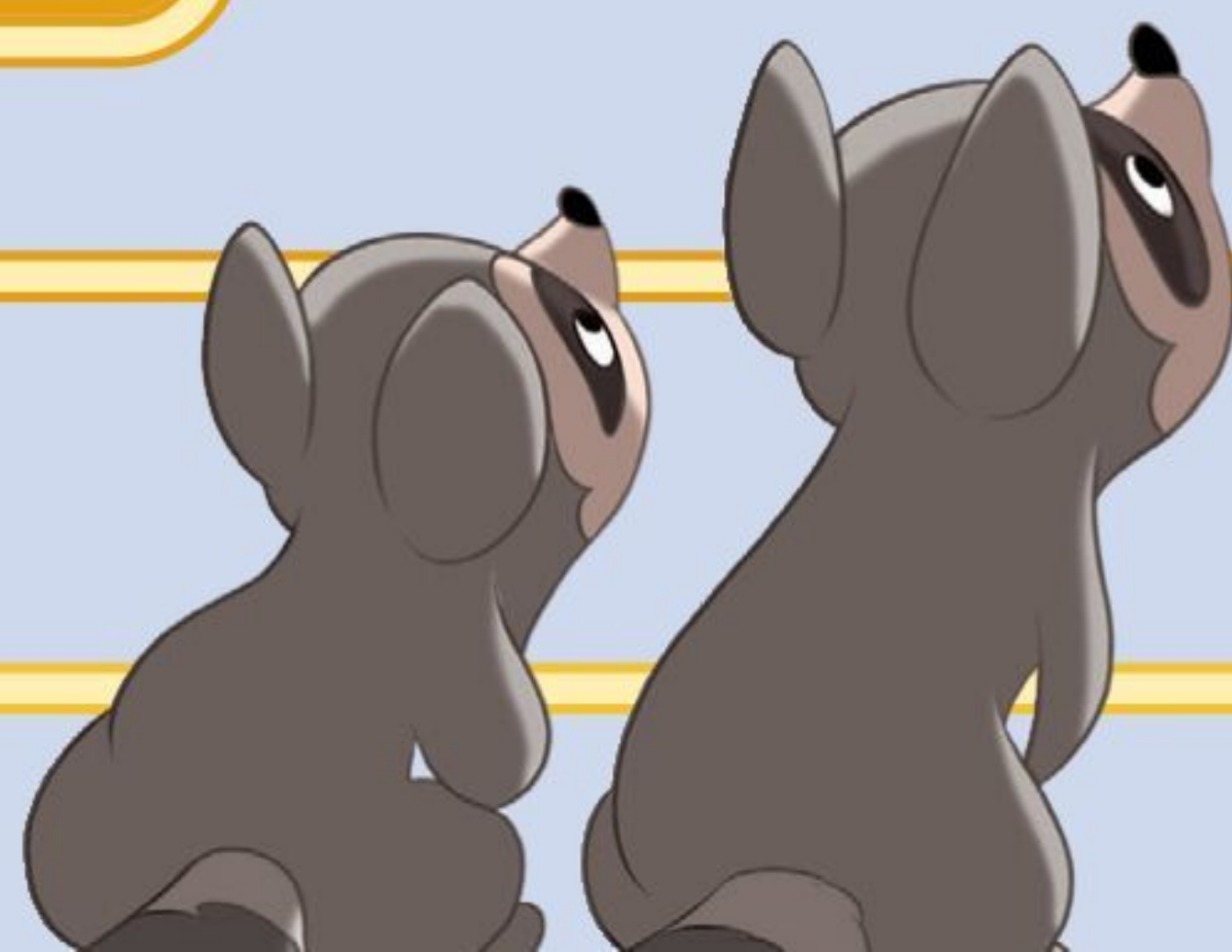
TRY IT

AVOID IT

***You have plans
to go camping,
but the forecast
calls for rain.
Do you go anyway?***

YES

NO



O P T I M I S T

You have a sunny personality, like Snow White, and you tend to look for the good in life everywhere you go.



R E A L I S T

Like Doc, you're level-headed—you know that sometimes things work out and sometimes they don't, but you're willing to give them a try.



P E S S I M I S T

You're a glass-half-empty type like Grumpy—but if you try, you too can learn to find the good in anything!

WHAT IS AVAXHOME?

AVAXHOME-

the biggest Internet portal,
providing you various content:
brand new books, trending movies,
fresh magazines, hot games,
recent software, latest music releases.

Unlimited satisfaction one low price

Cheap constant access to piping hot media

Protect your downloadings from Big brother

Safer, than torrent-trackers

18 years of seamless operation and our users' satisfaction

All languages

Brand new content

One site



AVXLIVE . ICU

AvaxHome - Your End Place

We have everything for all of your needs. Just open <https://avxlive.icu>



MY WORLD

DURING SNOW WHITE'S TIME, HUMANS AND THEIR ABILITIES WERE THE CENTER OF THE UNIVERSE. LET'S LEARN MORE ABOUT IT!

Time of Renewal

BY VALENTINA CAMBI

THE RENAISSANCE



Now White's story takes place in Germany in the **1500s**, during **THE RENAISSANCE**. That was a time when people rediscovered the works of the **ANCIENT GREEKS AND ROMANS**, sparking a new interest in human pursuits like art and science.

It was also the time of the discovery and exploration of new lands, the growth of business, and many important inventions.

THE PRINTING PRESS

In the mid-1400s, a German craftsman and inventor named **JOHANNES GUTENBERG** changed the world with his invention, the **PRINTING PRESS**.

Before then, books and fliers were handwritten, but now they could be reproduced in **MULTIPLE COPIES** more quickly, which meant that ideas spread farther and faster.



JOHANNES GUTENBERG

ANCIENT HISTORY

(B.C. 3000 - A.D. 476)

INVENTION OF WRITING
B.C. 3100

FOUNDING OF THE ROMAN REPUBLIC
B.C. 509

MIDDLE AGES

(A.D. 476 - 1500)

END OF THE ROMAN EMPIRE
476

MODERN HISTORY

(1500-1800)

DISCOVERY OF AMERICA
1492

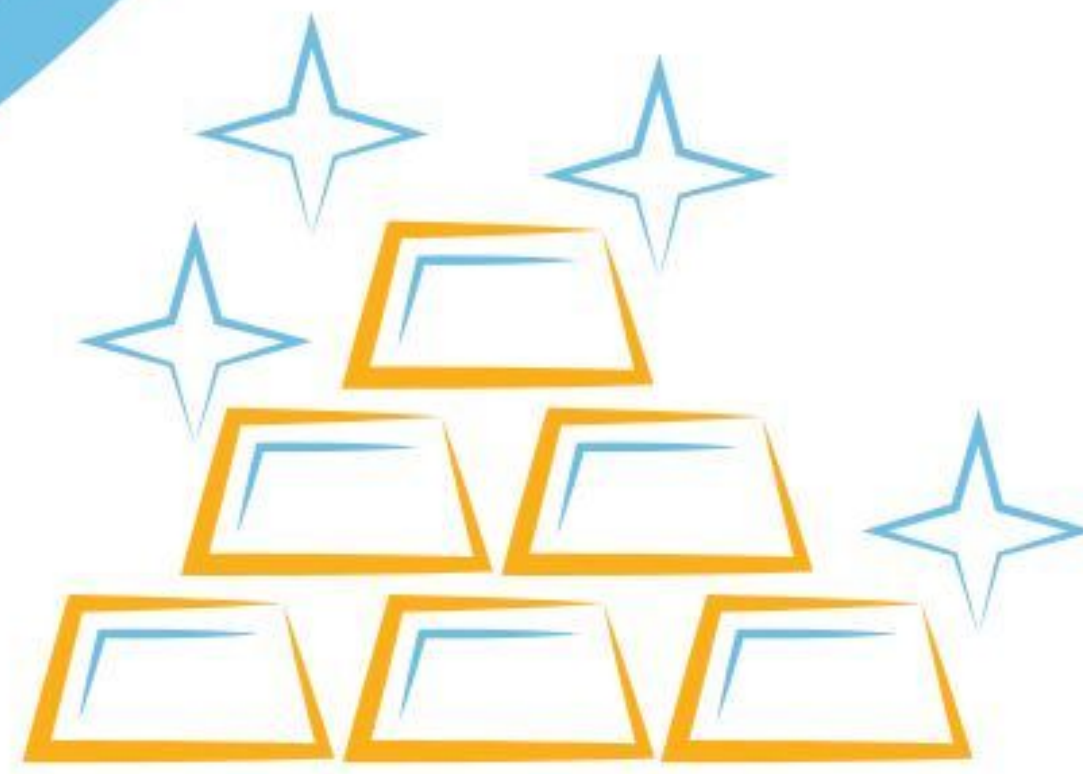
1500- 1550

REN



ROYAL RESIDENCES

In the 1500s, the area that's now Germany was made up of **SMALL KINGDOMS** run by princes and dukes. They lived in **CASTLES** with thick walls and tall towers, usually built on **HIGH MOUNTAIN PEAKS** so that it was easier to keep an eye on the surrounding territory.



MONEY AND POWER

During the Renaissance, some of the wealthiest businessmen became so powerful they were called “merchant princes.” The Fuger family in Germany, for example, made so much money in textiles and banking that they made loans to kings and princes in exchange for control of royal properties, like **MINES**.



CONTEMPORARY HISTORY (1800-TODAY)

ENLIGHTENMENT
1600-1700

INDUSTRIAL REVOLUTION
1750-1850



LIVING IN THE WOODS

The small cottage that is the home of the Seven Dwarfs lies within the **BLACK FOREST**, a mountainous evergreen-covered area in Germany.

Inside, it's filled with a number of **WOODCARVINGS**—caricatured human faces and geometric designs—and **PAINTED DECORATIONS** on the walls and furniture.

THE
BLACK
FOREST
AREA



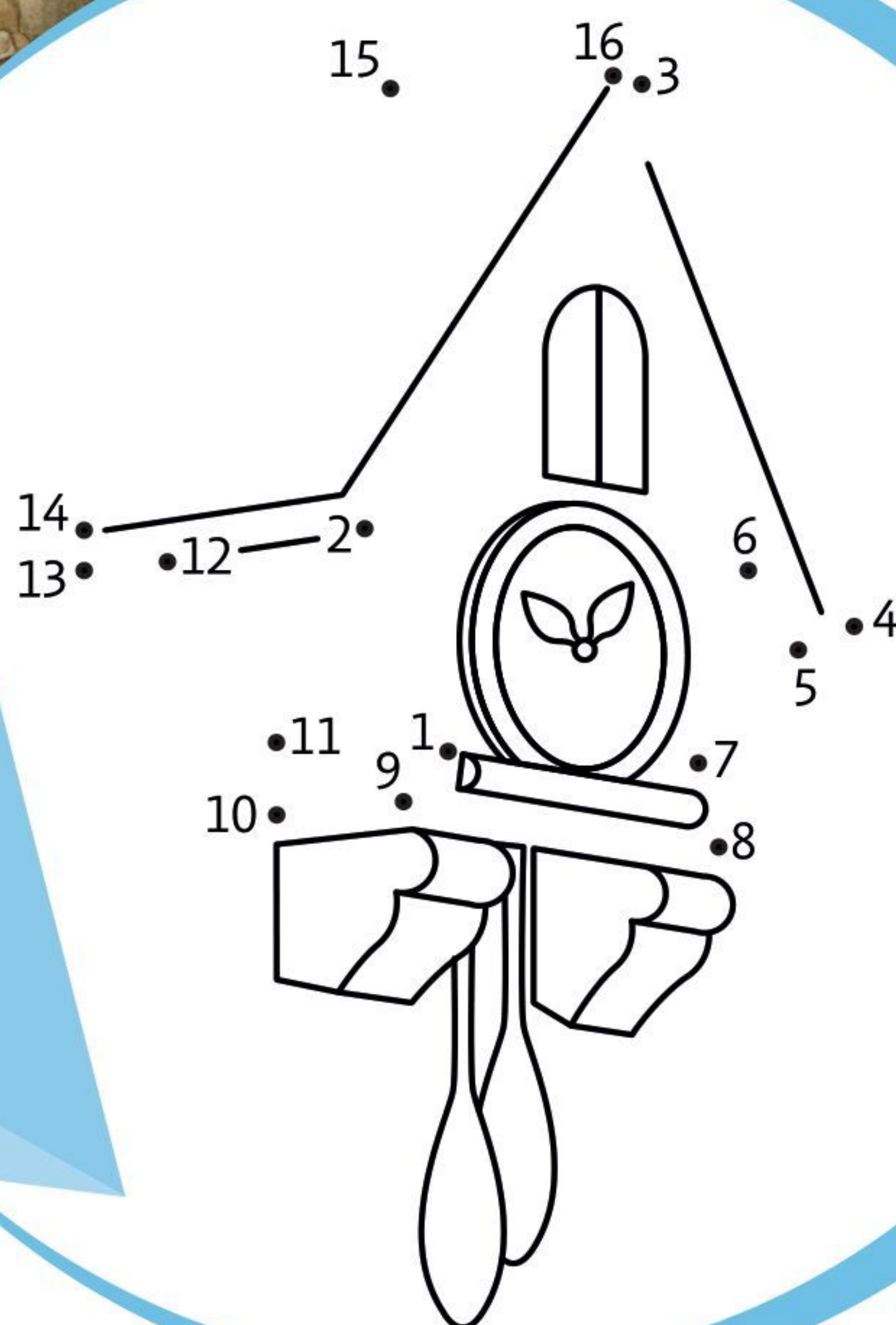
CUCKOO COOL

The dwarfs' cottage—and the mine—are also decorated with one of the best-known symbols of the Black Forest: **CUCKOO CLOCKS**.

These uniquely crafted clocks feature a **CARVED BIRD** that **POPS OUT** of a door and says "**CUCKOO!**" to count the hours. Why a bird? In nature, the cuckoo bird actually does mark time, and its unique **TWO-NOTE CALL** is recognized as a sign of spring.

Time By Design

CONNECT THE
DOTS AND
DISCOVER
THIS CUCKOO'S
STYLE!





Time for Fun

Travel Buddies



A



B



©



©



Q



©



17

THE SMELL OF A FRUIT TART FILLS THE AIR! **LOOK AT** THE GRID AND **WRITE** ONLY THE LETTERS WITH A DEEP RED BACKGROUND IN THE BLANK SPACES TO LEARN THE NAME OF SNOW WHITE'S NEW RECIPE.

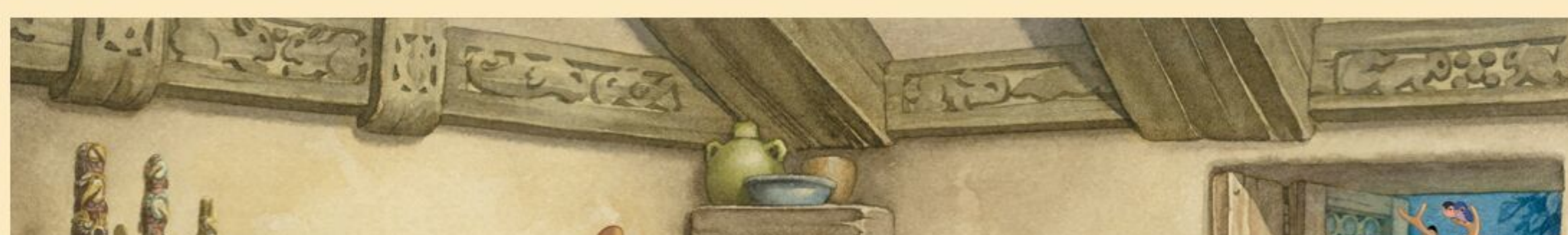
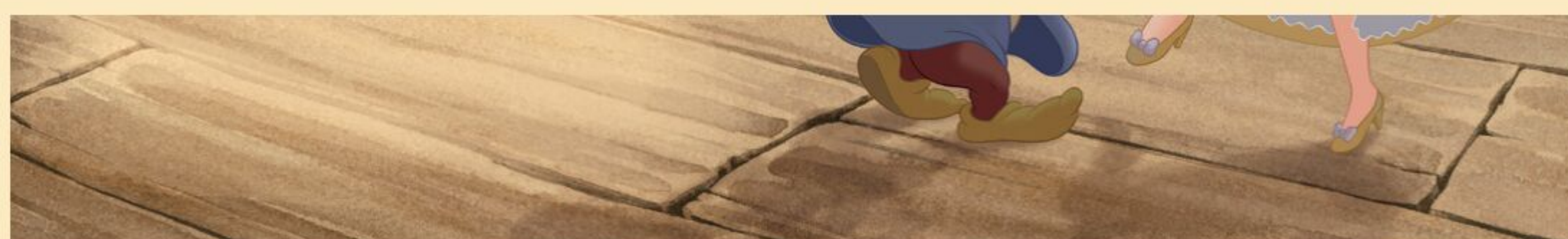


Y	G	R	R	A
D	S	U	P	H
B	R	E	O	R
R	F	Y	P	P
I	N	E	R	Q



R

Sweet
Surprise



THE SEVEN DWARFS ARE ENTERTAINING SNOW WHITE WITH MUSIC. **FOLLOW** THE GUIDE TO REARRANGE THE JUMBLED SECTIONS. **WRITE** THE CORRECT NUMBERS IN THE BLANKS TO PUT THIS LOVELY SCENE BACK TOGETHER.

1

Dance
Party



MY LIFE

TRY TO KEEP UP WITH
SNOW WHITE DURING
HER BUSY DAY!

A Day With Snow White

Taking care of her new friends keeps Snow White busy—but the princess also makes sure to have time for her hobbies and for fun!

COOKING

Creating delicious meals is one of Snow White's passions. She has a talent for combining different flavors to create a unique dish. And she loves that the Dwarfs appreciate her skills and are so excited about a warm bowl of homemade soup or a gooseberry pie.

It's a way to show them that she cares, it even brings a smile to Grumpy's face—now that's rewarding!



About Your Day

DO YOU HELP
WHEN OTHERS
ARE BUSY WITH
COOKING?

About Your Day

DO YOU LIKE TO
DANCE? WHAT'S
YOUR FAVORITE
STYLE?

MUSIC

One of the best moments of Snow White's day is when she gets to dance—she loves to whirl around as the dwarfs play their music for her. She also has a beautiful voice and likes to sing. After dinner, she and the dwarfs like dancing together around the cottage and sing silly songs!



TELLING STORIES

When the dwarfs get back home from work, Snow White enjoys hearing them telling her about what they found and what happened at the mine. But before going to bed, it's her turn! She makes up fantastic stories that are bursting with joy and hope.

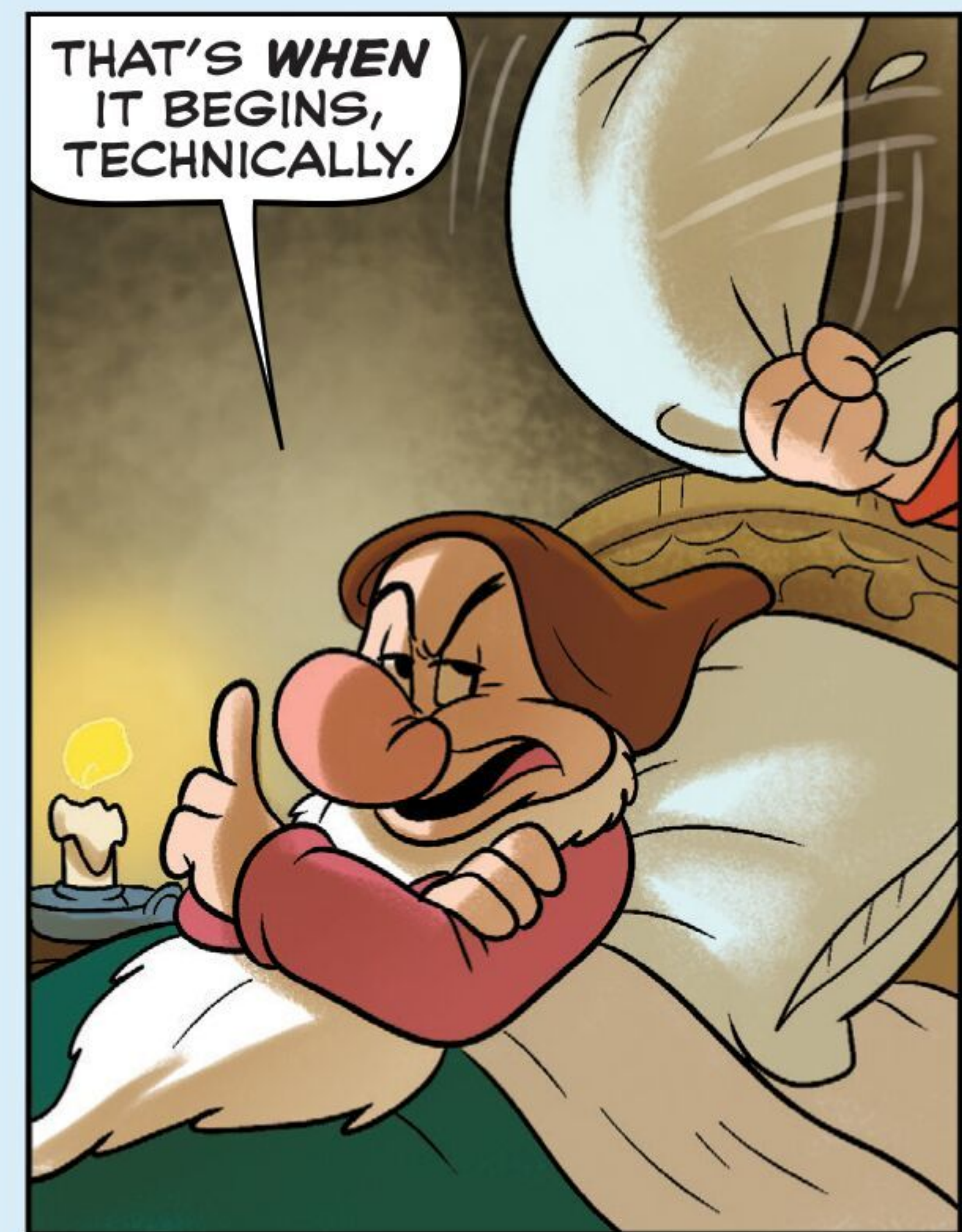
The dwarfs can't wait to listen to Snow White's latest tale, but their curiosity can sometimes be overwhelming...

About Your Day

DO YOU MAKE UP
STORIES LIKE SNOW
WHITE? WHAT ARE
THEY ABOUT?



Bedtime Story







The End

Look and Find

LOOK AT THE STORY AND
SPOT THESE 4 DETAILS!

OC

GE

SLEEPY

BAS





DO IT YOURSELF

BOW SWEET!

WANT TO WEAR A CHARMING HEADBAND LIKE SNOW WHITE'S?
IT'S SUPER-EASY TO MAKE!

*Ask an
Adult
for Help!*



You'll Need:



HEADBAND



SAFETY
SCISSORS



RIBBON

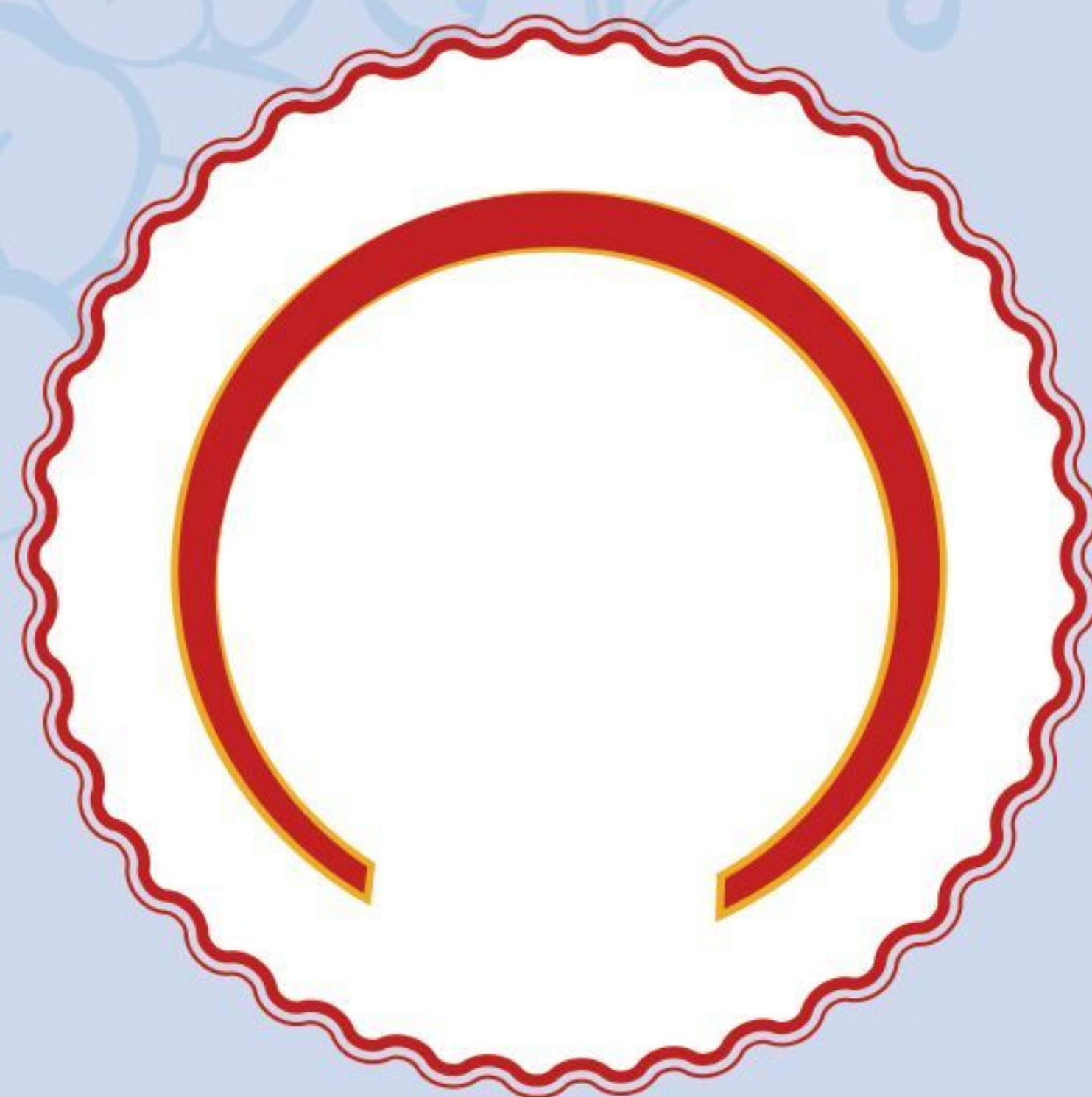


GLUE

CLASSIC AND TRENDY!

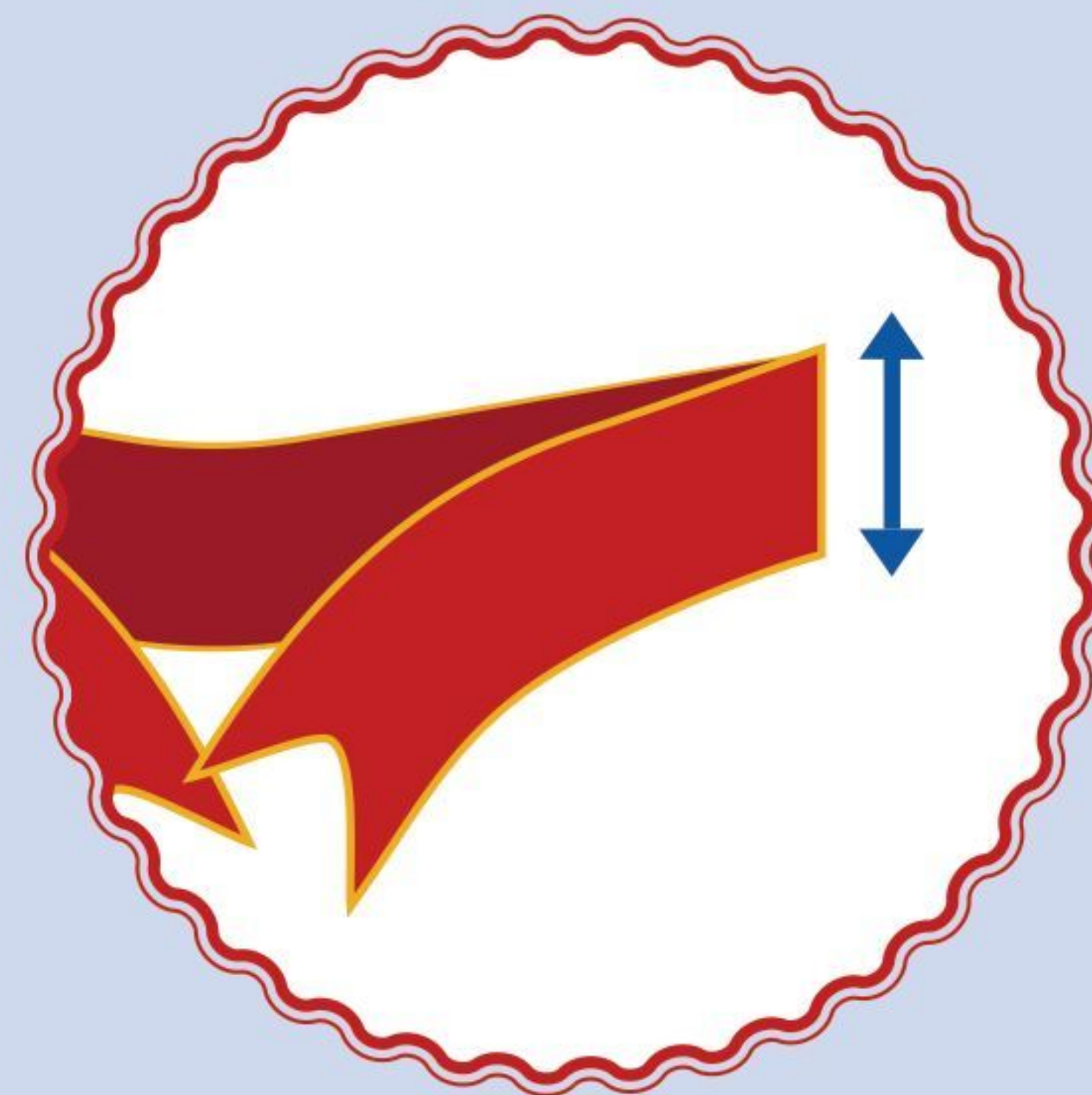


Follow the step-by-step instructions on the right to create your own custom-made bow headband, the perfect sweet touch for any occasion!



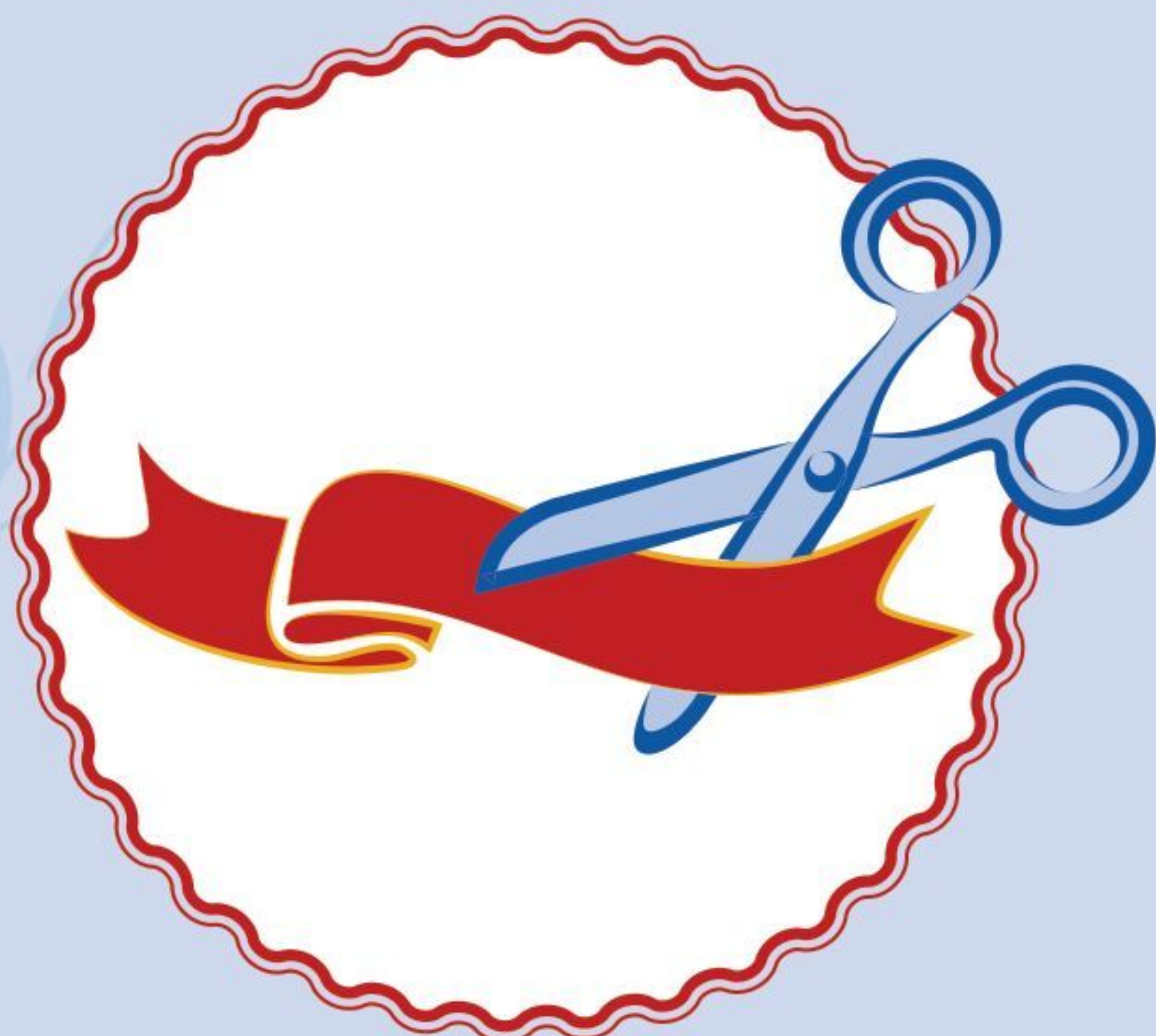
STEP 1

START WITH A THIN RED HEADBAND THAT FITS YOUR HEAD COMFORTABLY.



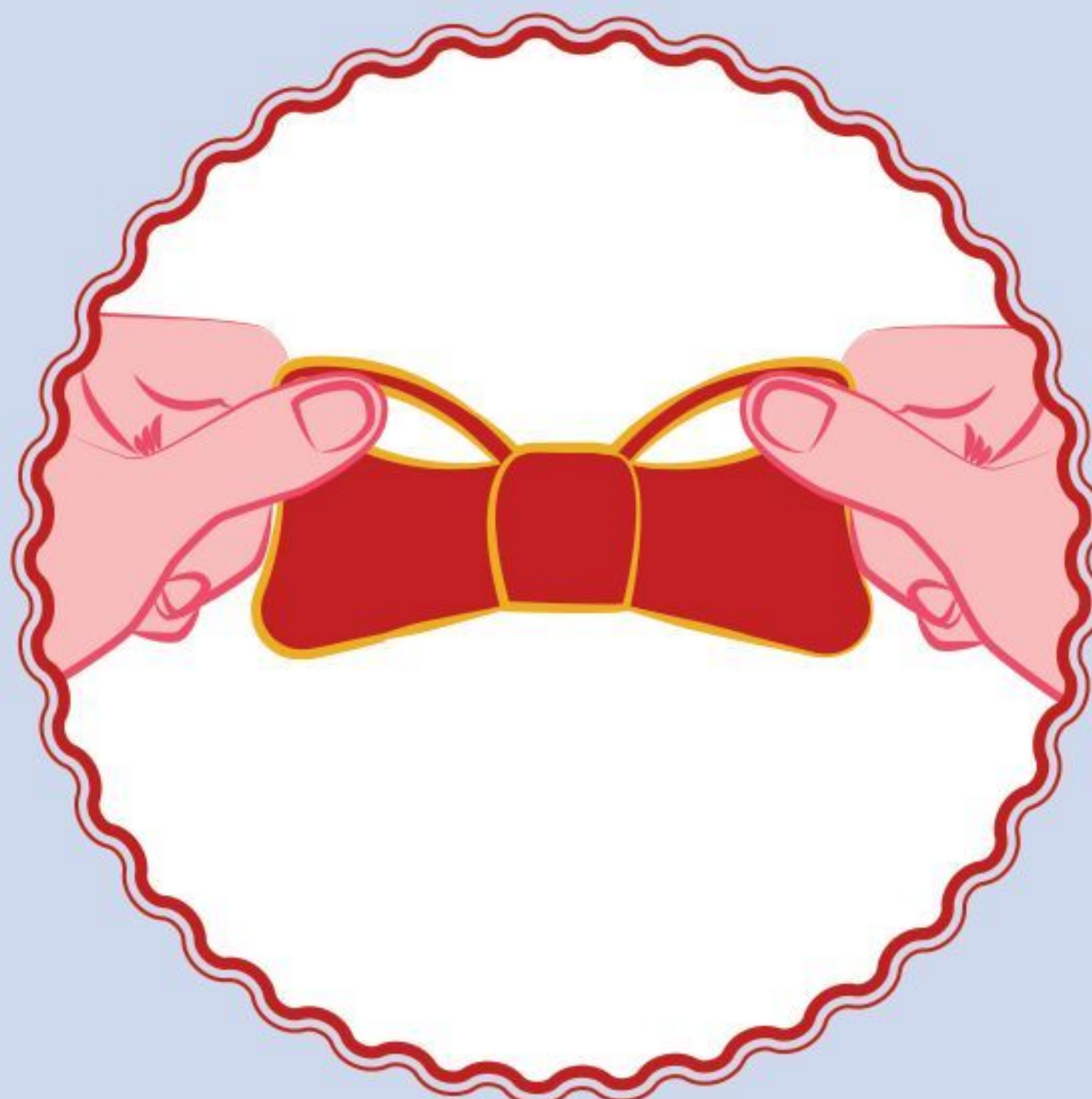
STEP 2

MAKE SURE TO CHOOSE A WIDE RIBBON SO THAT THE BOW WILL BE THE RIGHT SIZE.



STEP 3

CUT A PIECE OF RIBBON THE LENGTH YOU NEED TO MAKE A BOW THE SIZE YOU WOULD LIKE.



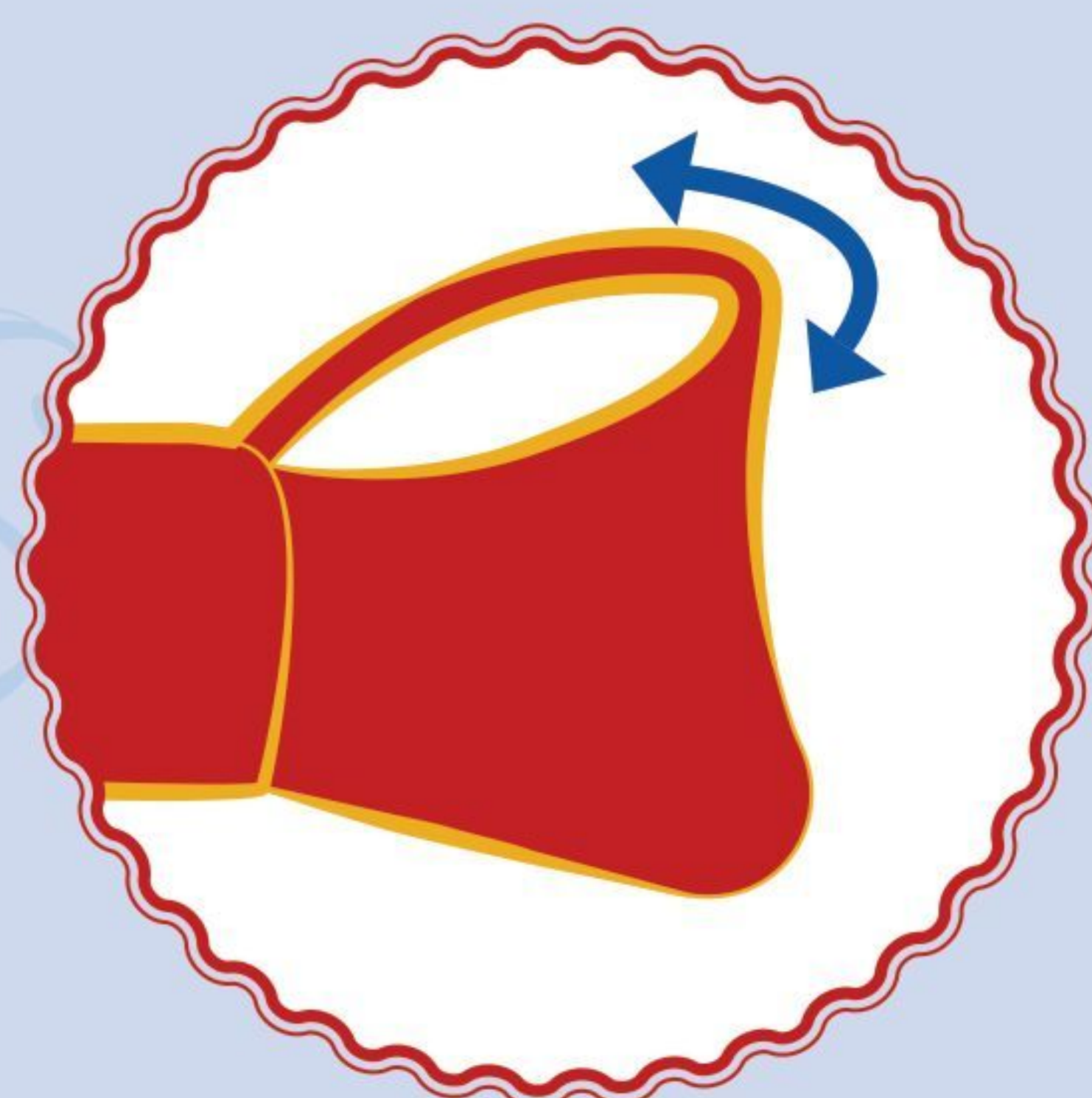
STEP 4

FORM TWO LOOPS BY BRINGING THE ENDS OF THE RIBBON TOGETHER AND GLUING THEM TO THE CENTER OF THE RIBBON.



STEP 5

CUT A SMALL PIECE OF RIBBON, WRAP IT AROUND THE CENTER OF THE TWO LOOPS, AND GLUE THE ENDS TO HOLD IT IN PLACE.



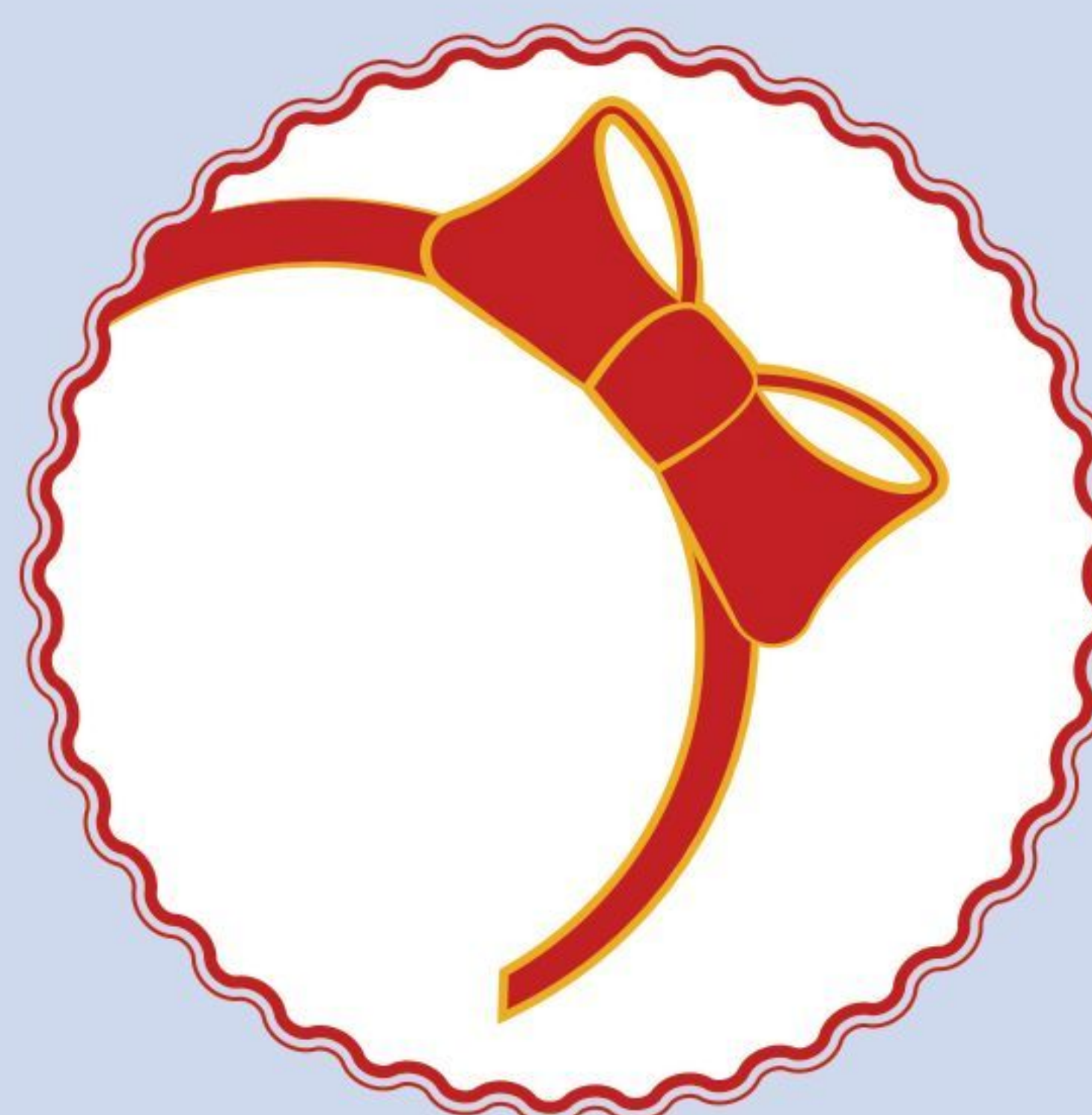
STEP 6

SPREAD THE ENDS OF THE LOOPS OUT TO MAKE THE BOW BIGGER, IF YOU LIKE.



STEP 7

APPLY A DROP OF GLUE TO THE CENTER SECTION ON THE BACK OF THE BOW.



STEP 8

ATTACH THE BOW ON A SIDE OF THE HEADBAND AND LET IT DRY!



LEARN HOW TO NAIL
A ROMANTIC HAIRDO
INSPIRED BY SNOW WHITE'S
HAIRSTYLE!

HAIR FLAIR



FOLLOW THE STEPS ON THE NEXT PAGE AND USE
A SIMPLE HEADBAND TO CREATE AN EVERYDAY
LOOK THAT TURNS HEADS!



STEP 1:
GENTLY TEASE THE HAIR
AT THE BACK OF YOUR HEAD
TO GET MORE VOLUME.



STEP 2:
TAKE THE HEADBAND AND
POP IT ON TOP OF YOUR HEAD
LIKE A CROWN.



STEP 3:
WRAP A SECTION OF HAIR
OVER THE HEADBAND
AND PULL IT THROUGH.

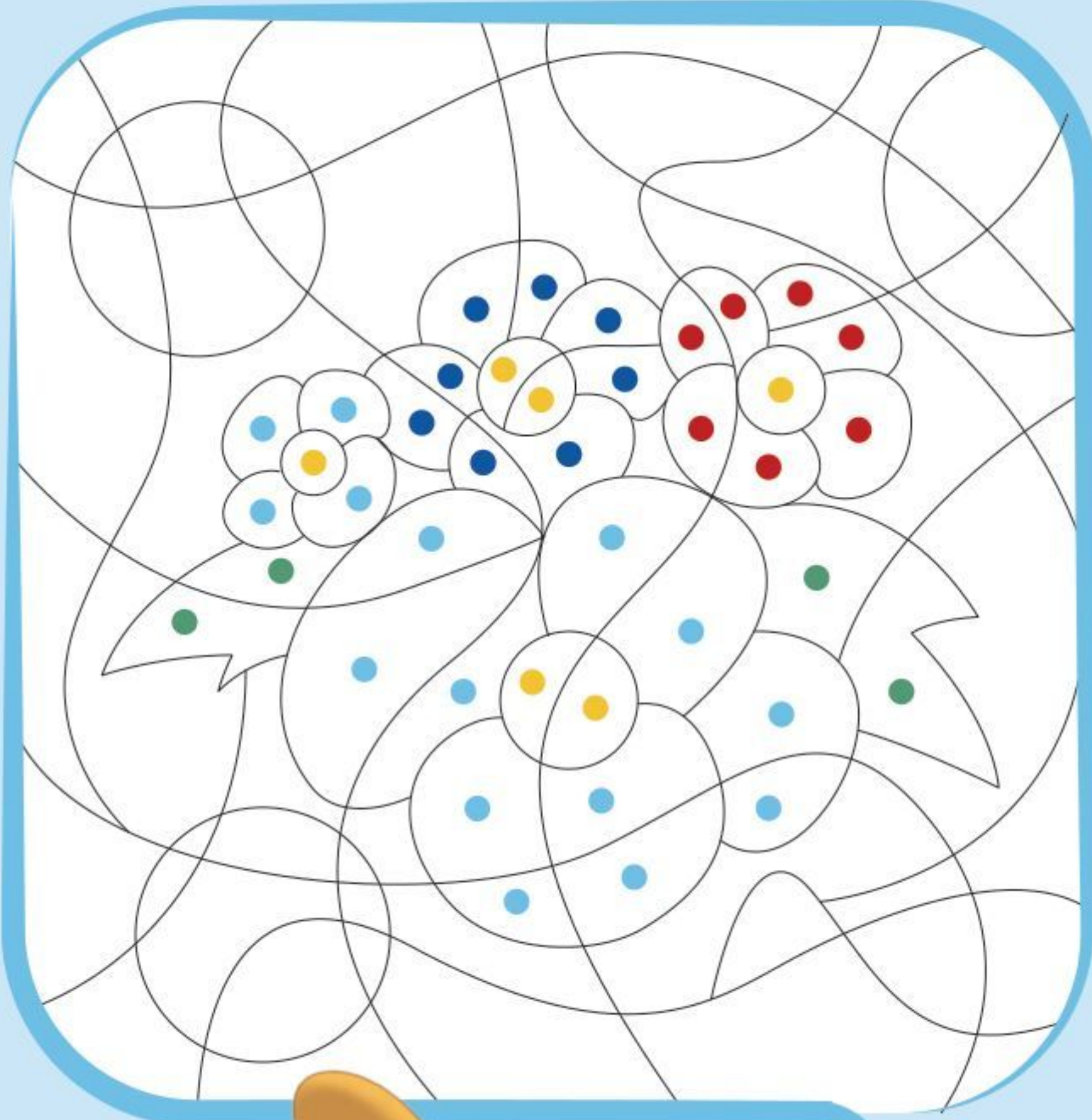
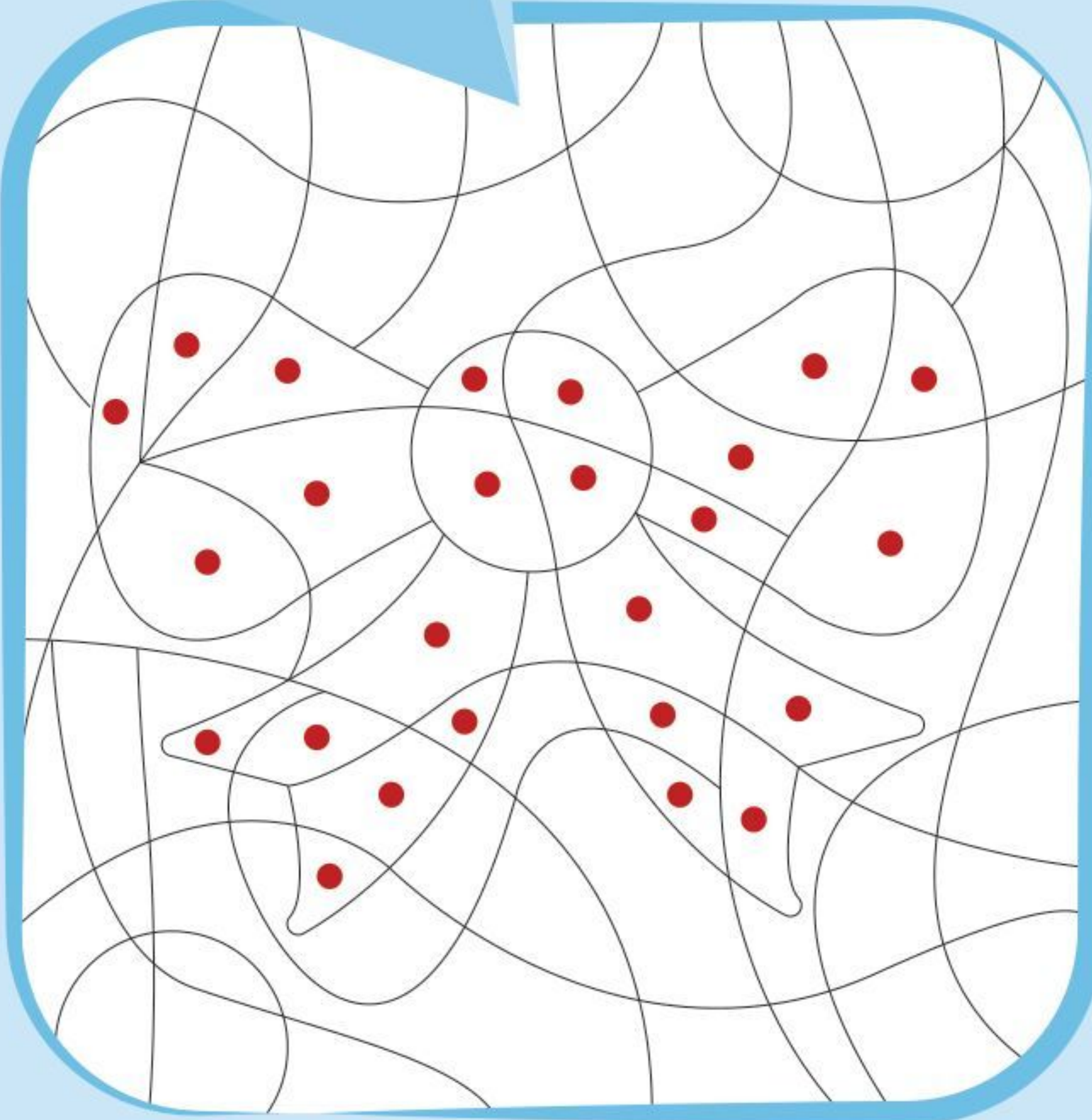
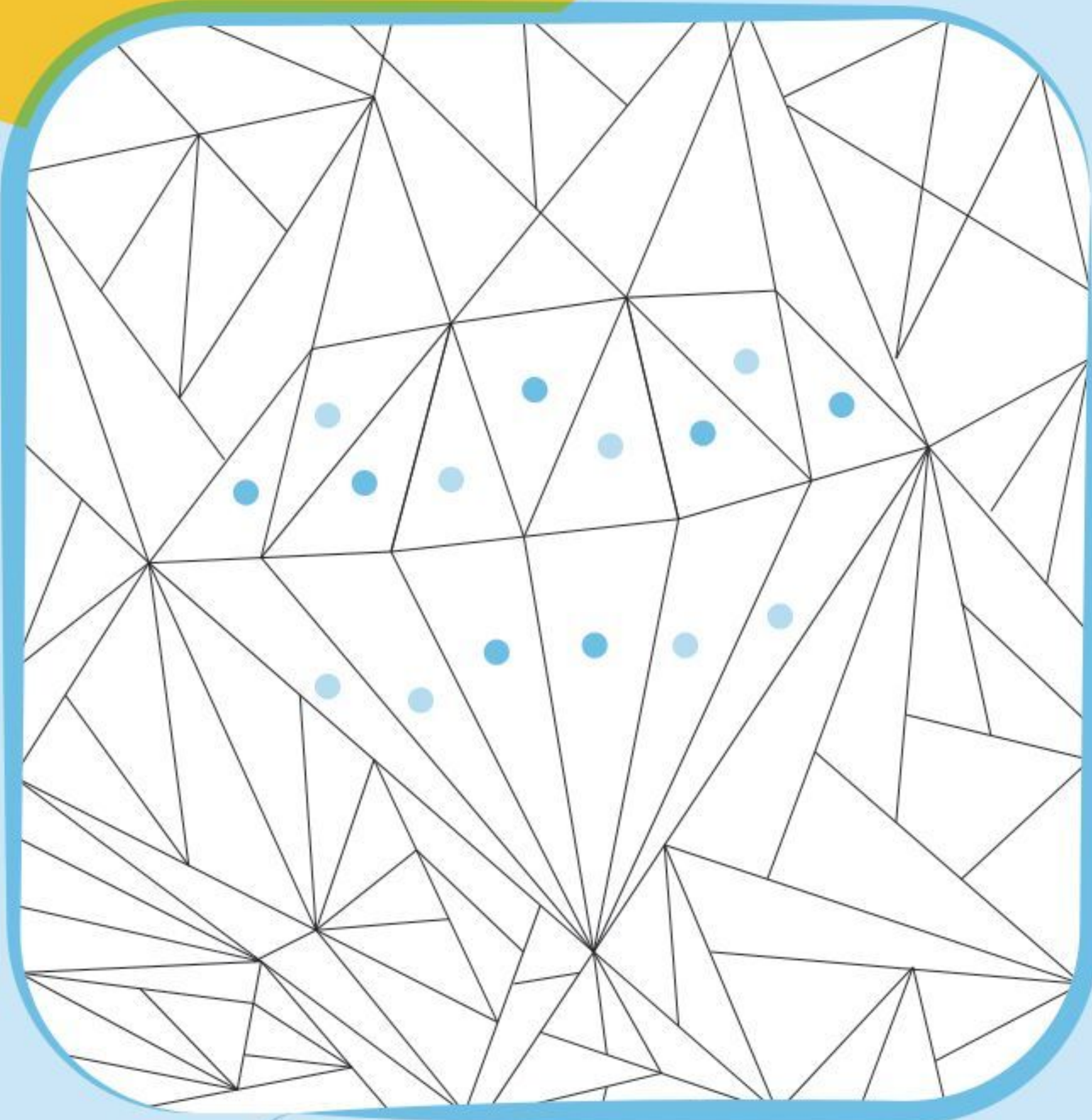


STEP 4:
REPEAT ALL THE WAY AROUND
YOUR HEAD UNTIL ALL YOUR HAIR
IS TUCKED INTO YOUR HEADBAND.
HOW SWEET!

Time Fun *or*

Gifts of Gratitude

TEST YOUR GAMING SKILLS WITH THESE ACTIVITIES STARRING SNOW WHITE AND HER FRIENDS!



BASHFUL, DOPEY AND HAPPY WANT TO GIVE SNOW WHITE A PRESENT TO THANK HER FOR EVERYTHING SHE DOES FOR THEM. COLOR THE DOTTED AREAS IN THE DRAWINGS ABOVE TO **FIND OUT** WHAT THEY PLAN TO GIVE THEIR BELOVED FRIEND.



THERE'S NOBODY LIKE HIM, ANYWHERE AT ALL.



Seeing Double

WHICH CHARACTER IS SNOW WHITE TALKING ABOUT? **CROSS OUT** THE PAIRS OF DUPLICATE PICTURES. THE ONE THAT'S LEFT IS THE ANSWER!

APPLE ACCENTS

DON'T WORRY, THESE APPLES AREN'T POISONED—
THEY'RE FUN DECORATIVE ACCENTS!

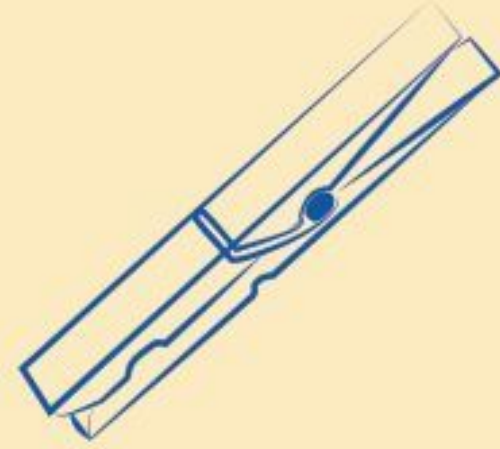
You'll Need:



SAFETY
SCISSORS



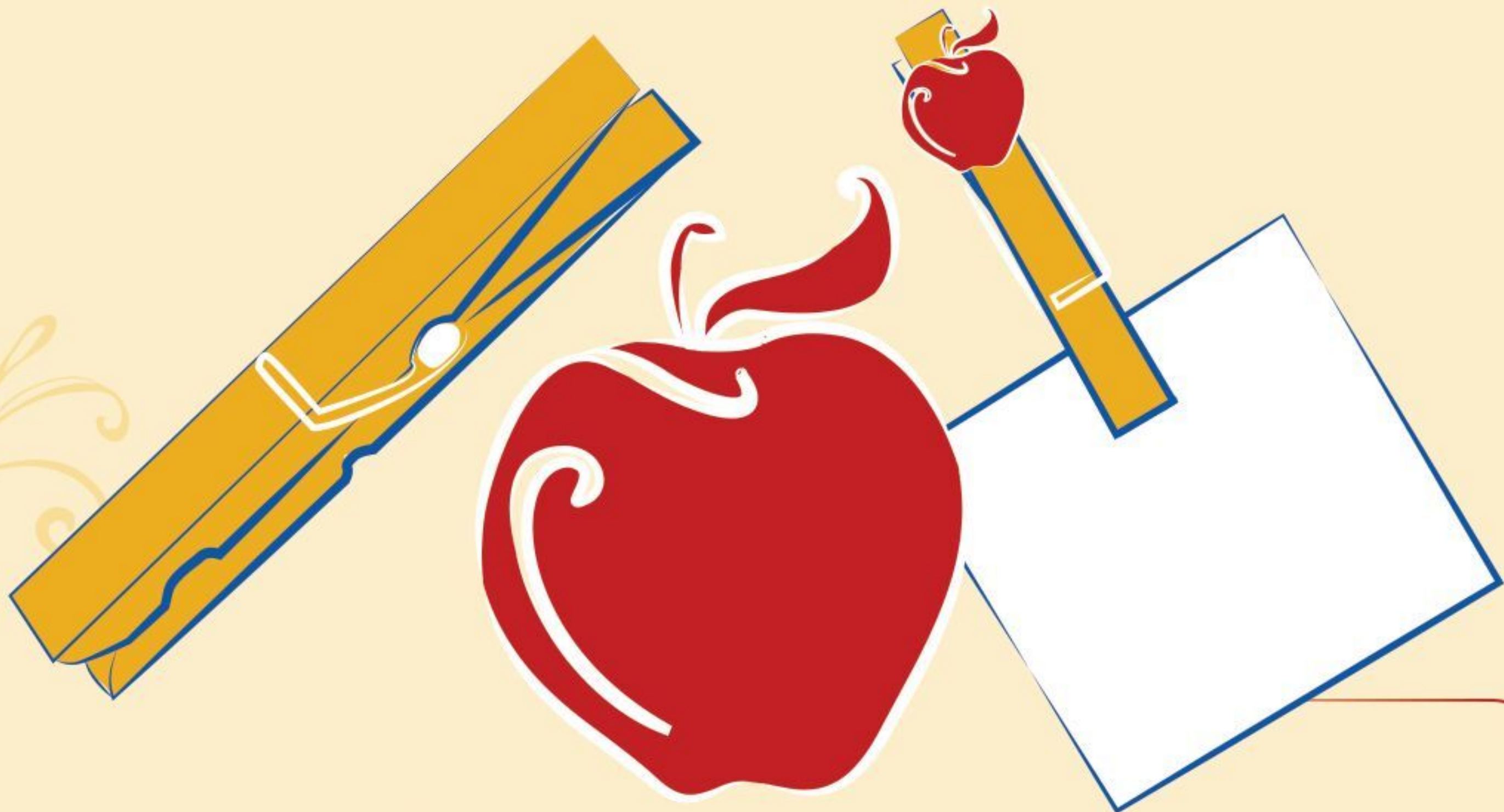
GLUE



CLOTHESPINS



MIRROR



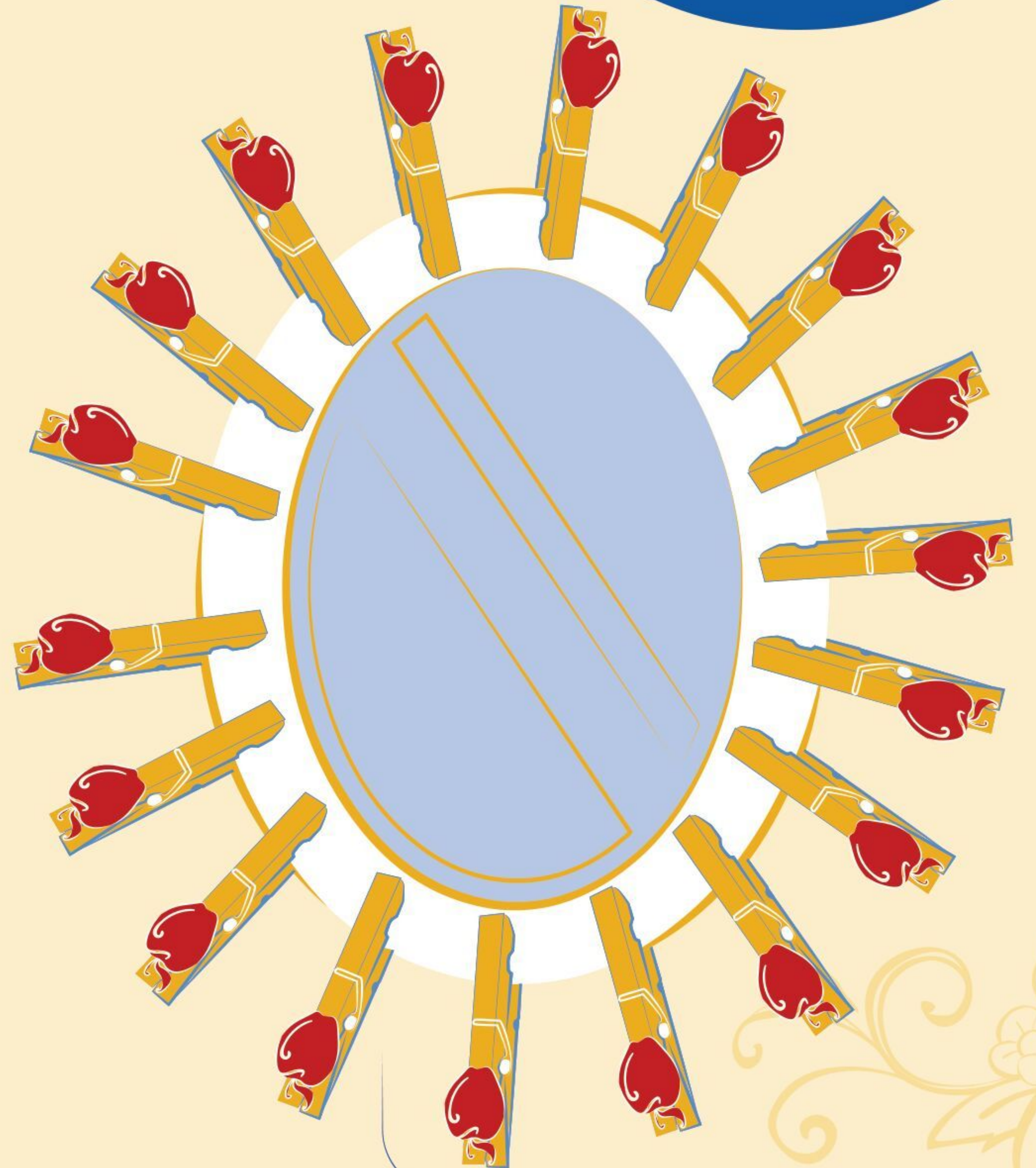
1. PAPERWEIGHT

STEP 1:

MAKE AS MANY COLOR PHOTOCOPIES OF THE APPLES
BELOW AS YOU NEED, AND CUT THEM OUT.

STEP 2:

APPLY GLUE TO THE END OF A CLOTHESPIN. ATTACH
AN APPLE CUTOUT, THEN LET DRY. CLIP THE CLOTHESPIN
ONTO LOOSE PAPERS TO KEEP THEM FROM SCATTERING
ON YOUR DESK!



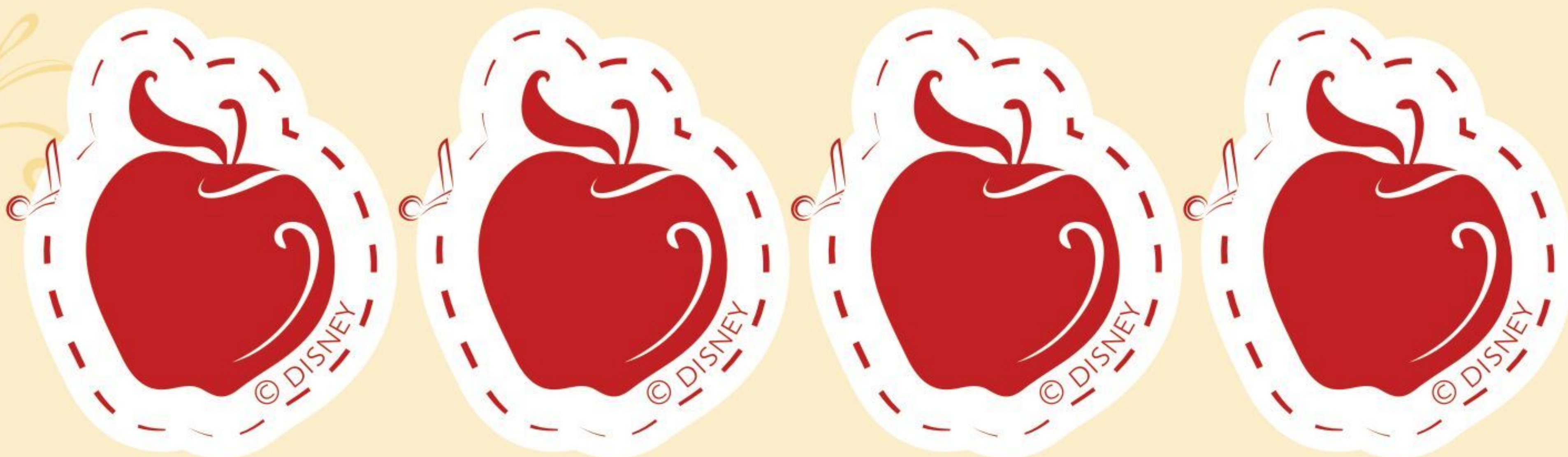
2. MIRROR

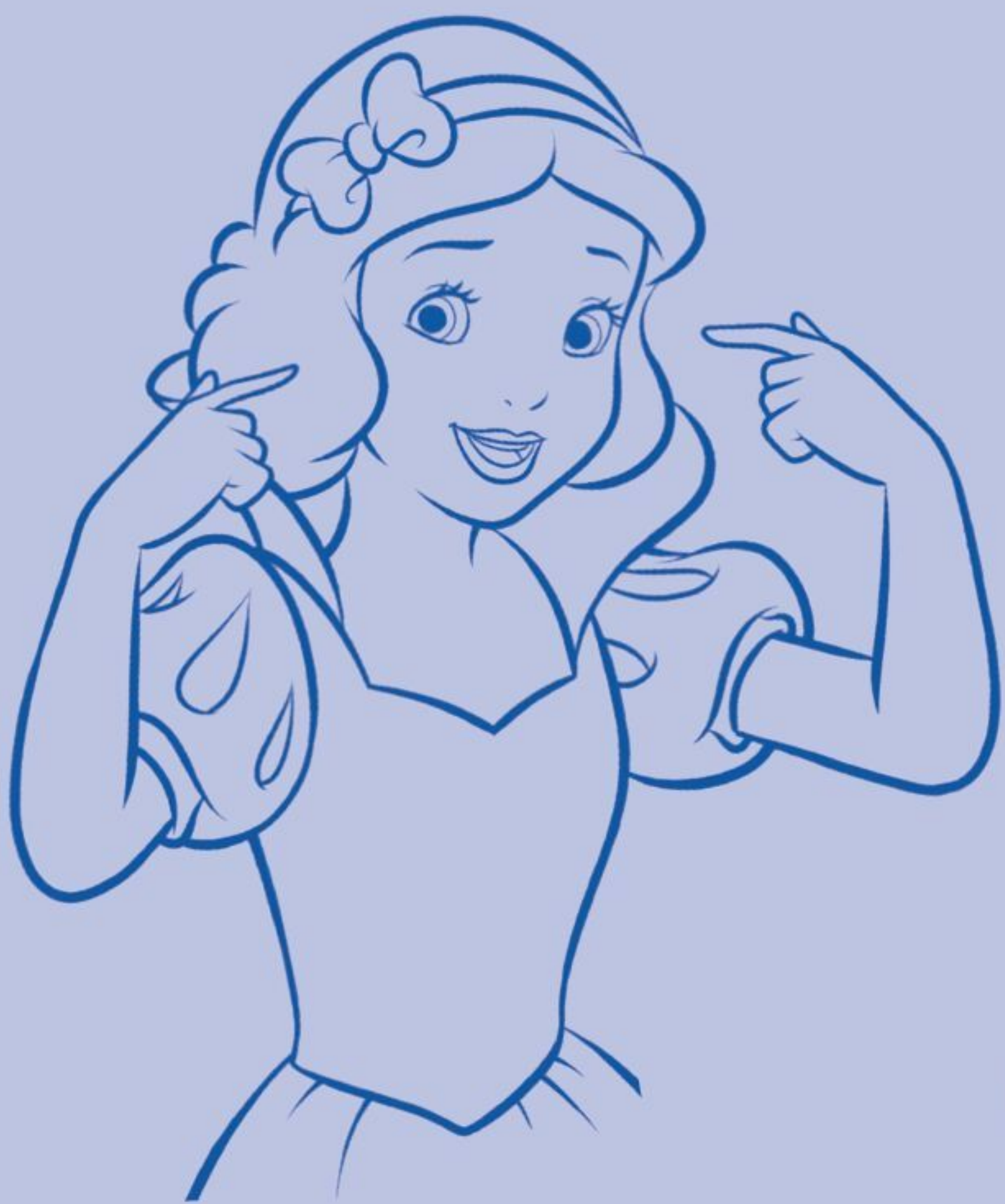
STEP 1:

FIND A MIRROR YOU'D LIKE TO
DECORATE. IT SHOULD HAVE A
FRAME THIN ENOUGH THAT YOU
CAN ATTACH CLOTHESPINS TO IT.

STEP 2:

FOLLOW THE INSTRUCTIONS
ON THE LEFT. MAKE AS MANY
CLOTHESPINS AS YOU NEED
TO COVER THE ENTIRE MIRROR
FRAME, USING THE APPLE
CUTOUTS.





THE SECRET FOR A CASUAL CHIC
STYLE LIKE SNOW WHITE'S IS
TO CHOOSE COMFY CLOTHES
ENHANCED BY FRILLY TOUCHES.

GET THE LOOK

Casual Chic





1



2



3

1. MONNALISA T-SHIRT 2. MASSIMO DUTTI SKIRT
3. GAS VIVYAN SPRING VEST 4. MONNALISA BRACELET 5. ANNIEL BALLETT FLATS
6. MONNALISA BAG 7. BIJOU BRIGITTE BARRETTES

Style Tip

MIX SPORTY ITEMS
LIKE A DENIM VEST
AND PLAIN BALLETT
SHOES WITH
CUTE CHARMS
AND BOWS.

SWEET ACCESSORIES

~



6



4



5



7

A Ride in the Woods

FOR A STROLL THROUGH THE FOREST,
THE KEYWORDS ARE NATURAL AND COZY!



Style Tip

ADD NATURAL ACCENTS LIKE FEATHERS AND LEAVES TO SIMPLE PIECES IN THE HUES OF THE WOOD—GREEN, BROWN, BEIGE.

NATURAL TOUCH

~



1



2



3



4



5



6



7



8

1. KORALLINE PANTS
2. ACCESSORIZE BAG 3. BIJOU BRIGITTE NECKLACE 4. BIJOU BRIGITTE BRACELET
5. BERSHKA ANKLE BOOTS 6. BERSHKA JACKET
7. BIJOU BRIGITTE BARRETTES
8. BIJOU BRIGITTE HAT





SNOW WHITE ENJOYS EXPRESSING
HERSELF THROUGH DANCE. READ
ON AND LEARN MORE ABOUT THIS
UNIVERSAL FORM OF ART
AND ENTERTAINMENT!

LET'S GET ACTIVE

On Your Feet!

BY VALENTINA CAMBI

Dancing isn't just fun, it's a form of artistic expression. From the earliest moments of known human history, people have used dance to communicate, celebrate, mourn and tell stories.

Modern dance history in Europe started with the Renaissance, when many new

dances were invented—like ballet, which was created primarily to entertain the aristocrats of the time.

Over the years, dance has evolved into several distinct forms that are extremely different from one another and keep people “moving” all over the world.





Check out some common dance styles you can learn in dance classes around the world.

CLASSICAL BALLET

Classical ballet is a style of dance based on precise conventional positions of the arms, feet and body designed to enable the dancer to move with graceful and flowing movements.



MODERN

Modern dance rejects many of the strict rules of classical ballet, focusing instead on the expression of inner feelings, emphasizing creativity in choreography and performance.



JAZZ

An energetic and fun type of dance, jazz consists of unique moves, fancy footwork, big leaps and quick turns, all of which showcase a dancer's individual style and originality.



HIP-HOP

This style comes from the street, with hip-hop music as backdrop. It doesn't have a defined technique, so the dancer is allowed plenty of freedom to improvise. It includes fast and spectacular moves (jumps, headspins, breaking).



TAP

In this discipline, dancers wear special shoes equipped with metal taps on the soles to enable them to make a tapping sound as their feet hit the floor.



DANCEWEAR

Pointe Shoes

What you wear to dance depends on what kind of dance you're doing and whether you're learning your moves in a class or performing them on stage.

BALLET

For classes, dancers usually wear a **LEOTARD** and **TIGHTS**, form-fitting garments that make it easy to see and correct their technique. **BALLET SLIPPERS** are worn by students before they learn to stand on the tips of their toes.

For performances, ballerinas wear a **TUTU**, a special type of skirt consisting of layers of silk or nylon frills, attached to a sleek-fitting bodice.

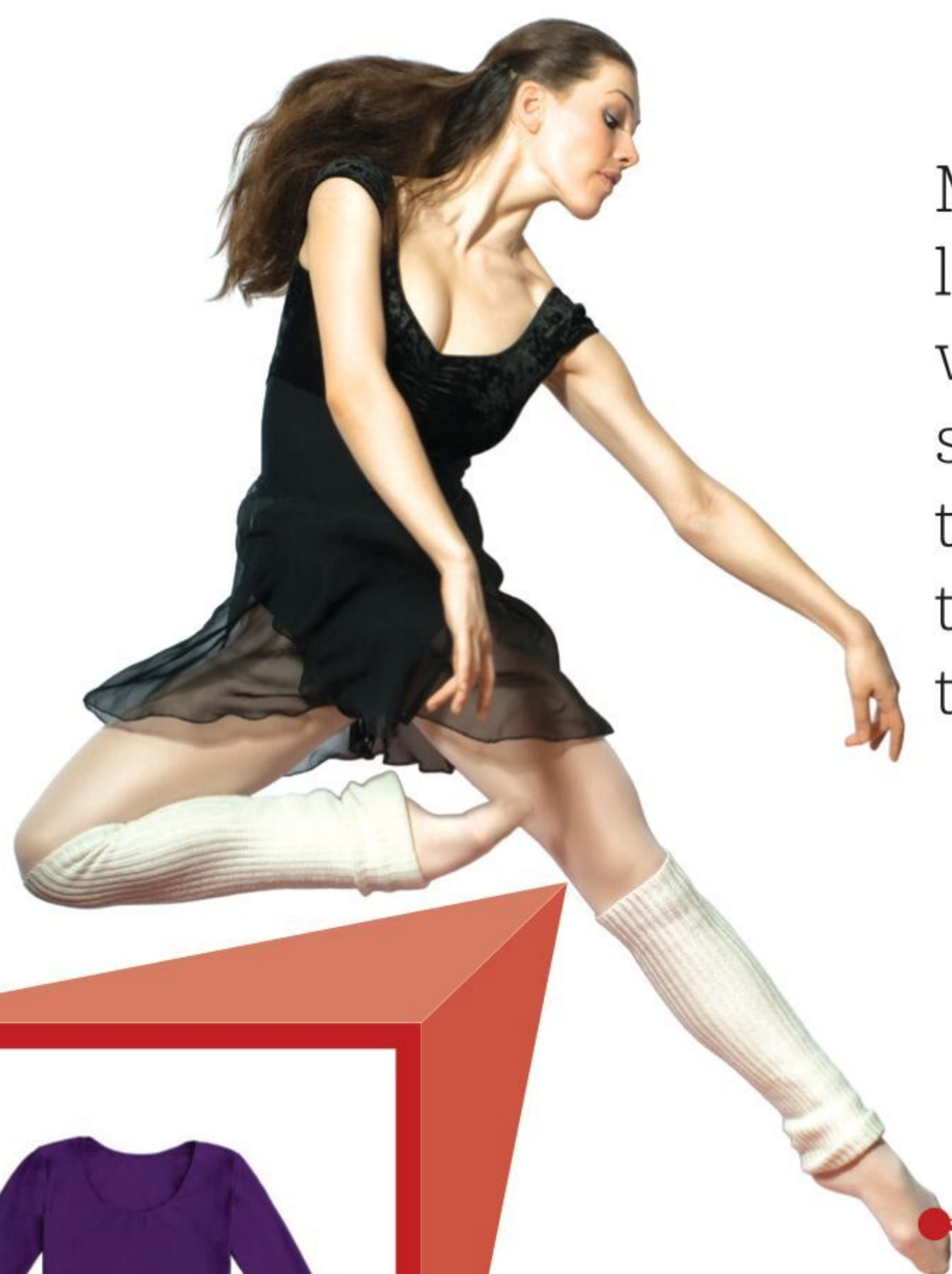


POINTE SHOES, MUCH HARDER THAN BALLET SLIPPERS, ALLOW THE BALLERINA TO DANCE ON HER TOES, LETTING HER APPEAR TO FLOAT AROUND THE PERFORMANCE SPACE AS THOUGH WEIGHTLESS.



MODERN

Modern dance clothing is anything that's comfortable and allows free movement. For classes, students are often required to wear **LEOTARDS**, **UNITARDS**, or **FORM-FITTING TOPS** with shorts or tights. But performers can choose the dance clothes that best suit their numbers. It's important to feel the connection with the floor for this type of dance, so **BARE FEET** are the way to go.



Athletic Sneakers



Leotard

HIP-HOP

SWEATPANTS or other **BAGGY ATHLETIC PANTS** and a **TANK TOP** or **T-SHIRT** are the usual attire for hip-hop class. A sturdy pair of **ATHLETIC SNEAKERS** is a must, with plenty of cushioning and support to protect feet and stability features to avoid sprains.



QUIZ

Dance Lessons

STEP UP AND TAKE THIS QUIZ TO FIND OUT HOW MUCH YOU KNOW ABOUT KICKING UP YOUR HEELS!

SCORING:
GIVE YOURSELF ONE POINT FOR EACH CORRECT ANSWER.

- 1**

TRUE  Ballet dance dates back to Renaissance times.  **FALSE**
- 2**

TRUE  Modern dance has more strict rules and techniques than ballet.  **FALSE**
- 3**

TRUE  Jazz dancers usually perform en pointe shoes.  **FALSE**
- 4**

TRUE  Hip-hop dancing originated in the streets.  **FALSE**
- 5**

TRUE  Headspins and breaking are techniques often used in ballet.  **FALSE**

SOLUTIONS

1. TRUE 2. FALSE 3. FALSE 4. TRUE 5. FALSE



0-1

BEGINNER

You're just beginning to learn proper dance technique—keep studying!



2-3

INTERMEDIATE

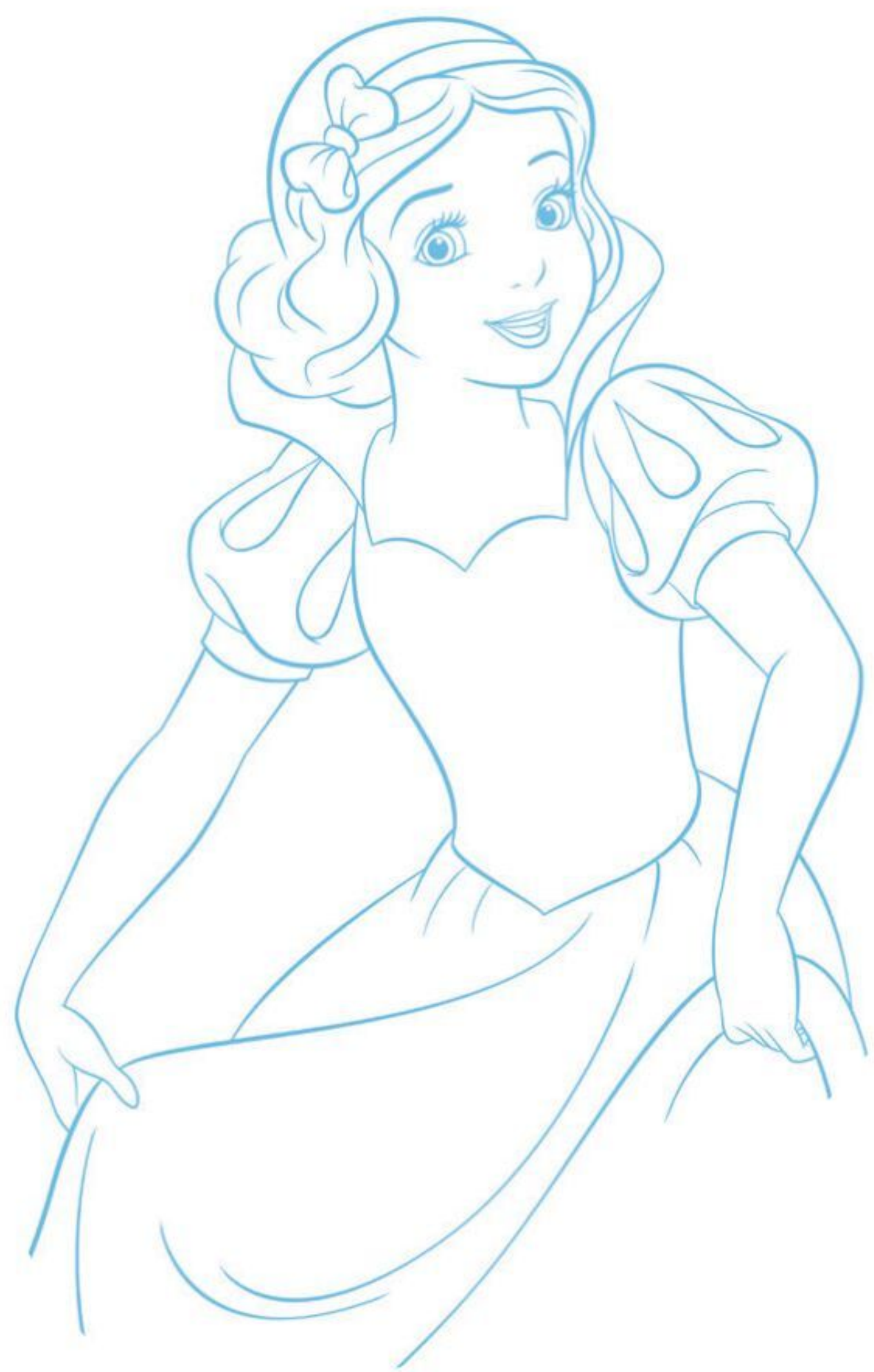
You have a grasp of some dance basics and are moving up in the ranks.



4-5

STAR

Congratulations! You're at the top of your game and the spotlight is on you!



MISTY COPELAND'S JOURNEY
TO THE TOP OF THE BALLET
WORLD IS A STORY OF
SUCCESS AND THE POWER OF
RESILIENCE OVER ADVERSITY!

REAL ROLE MODELS

Misty Copeland

BY VALENTINA CAMBI

MEET MISTY

Aclaimed ballerina Misty Copeland is the first African-American **PRINCIPAL DANCER** for the **AMERICAN BALLET THEATRE** (ABT), in New York. In addition to performing with the world-famous ballet company, Misty also writes books and has appeared in productions on **BROADWAY**.

A STAR IS BORN

As a child growing up in Los Angeles, Misty loved to **CREATE CHOREOGRAPHY** to Mariah Carey songs. She took her first formal dance steps on her middle-school drill team. Her teacher noticed her talent and recommended that she take classes with **CYNTHIA BRADLEY**, a local ballet instructor. Even though Misty was 13 and getting a late start on a dance career, Cynthia realized the young dancer was super-talented. She encouraged Misty to take her classes at the **SAN PEDRO BALLET SCHOOL**, in California.



STRAIGHT TO THE TOP

Misty worked hard and learned quickly, winning several dance scholarships. In 2000 she was chosen for the prestigious **ABT STUDIO COMPANY**, and quickly moved up the ranks as a dancer. She joined the ABT corps de ballet in 2001 and became a **SOLOIST** in 2007, starring in numerous productions, including **THE NUTCRACKER** and **FIREBIRD**. In 2016 she was named principal dancer, a dance company's highest rank!

Misty is also joining Disney's "Nutcracker and the Four Realms," coming to movie theaters Holiday 2018.



AN UNLIKELY BALLERINA



Misty broke the rules in her field: Ballerinas were typically slim and delicate, and she's curvy and muscular. She got a late start in ballet, but after training only a short time she could dance on pointe. She could quickly memorize and mimic any movement she saw.

Misty is proud to set the example that you don't have to fit a mold to succeed. She supports diversity in ballet and access for aspiring dancers who face the same kind of hurdles she once experienced.



LOTS OF CHARACTERS
REVOLVE AROUND SNOW
WHITE AND FOR MOST OF
THEM, SHE'S AN IMPORTANT
SOURCE OF INSPIRATION!

MEET THE CHARACTERS

All Around



MAGIC MIRROR



THE QUEEN



THE HUNTSMAN



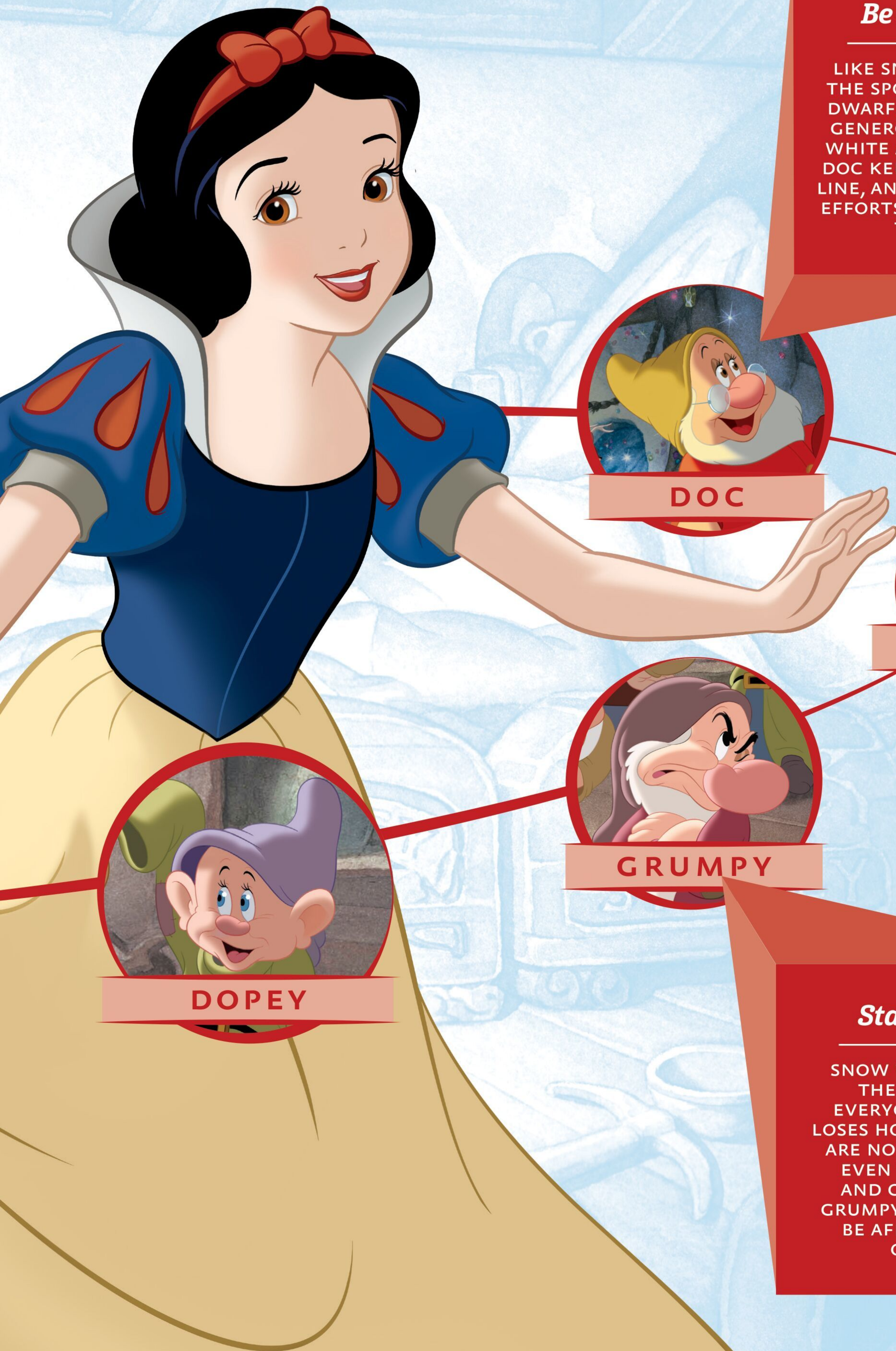
THE PRINCE



THE ANIMALS

Compassion Wins

THE HUNTSMAN IS MOVED BY SNOW WHITE'S INNOCENCE. WHEN HE SEES HER HELPING A BABY BIRD THAT HAS FALLEN FROM A NEST, HE DROPS HIS DAGGER, UNABLE TO HURT SUCH A PURE HEART.



Be Supportive

LIKE SNOW WHITE, DOC, THE SPOKESMAN FOR THE DWARFS, HAS A KIND AND GENEROUS HEART. SNOW WHITE APPRECIATES THAT DOC KEEPS HIS FRIENDS IN LINE, AND ENCOURAGES HIS EFFORTS TO HELP THEM BE THEIR BEST.



DOC



BASHFUL



GRUMPY



DOPEY

Stay Positive

SNOW WHITE BELIEVES THERE'S GOOD IN EVERYONE AND NEVER LOSES HOPE WHEN THINGS ARE NOT WORKING OUT. EVEN THE SKEPTICAL AND CANTANKEROUS GRUMPY CAN'T HELP BUT BE AFFECTED BY HER OPTIMISM!

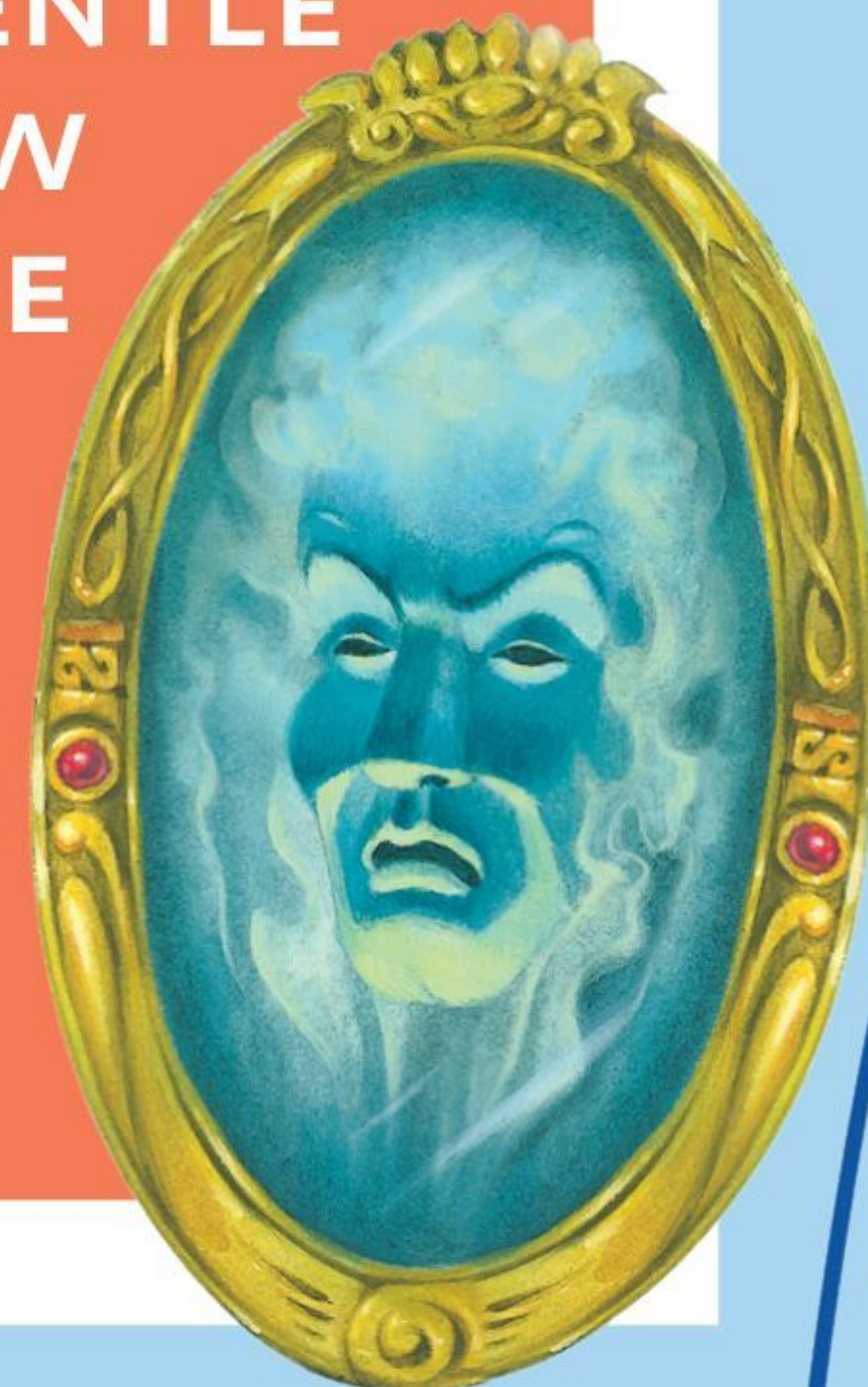
The Buzz on Snow White

FIND OUT WHAT SNOW WHITE'S RELATIVES, FRIENDS AND ENEMIES THINK ABOUT HER!

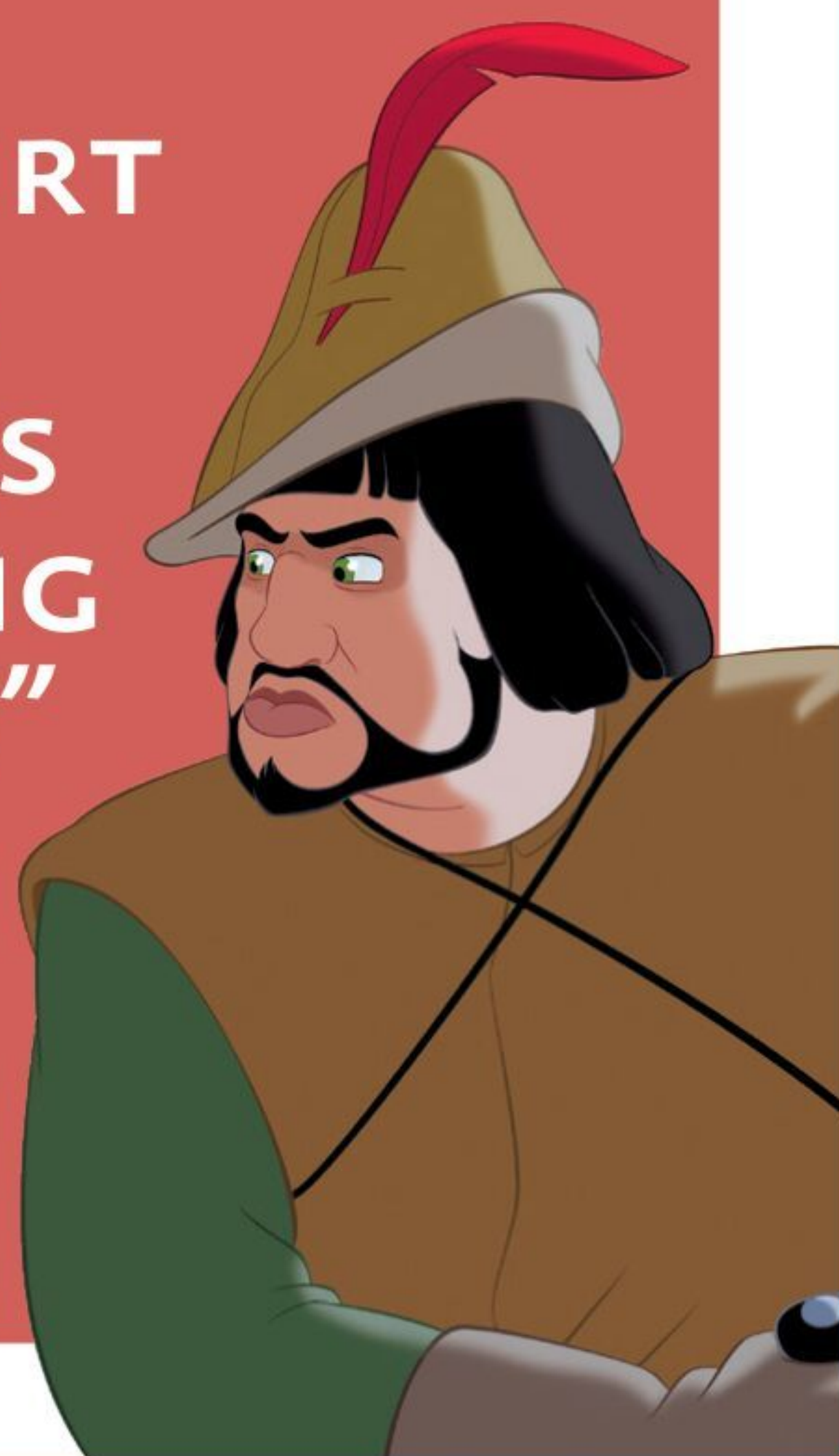
"SNOW WHITE CANNOT BE MORE BEAUTIFUL THAN I AM! I MUST BE THE FAIREST ONE OF ALL!"



"RAGS CANNOT HIDE HER GENTLE GRACE. SNOW WHITE IS THE FAIREST IN THE LAND!"

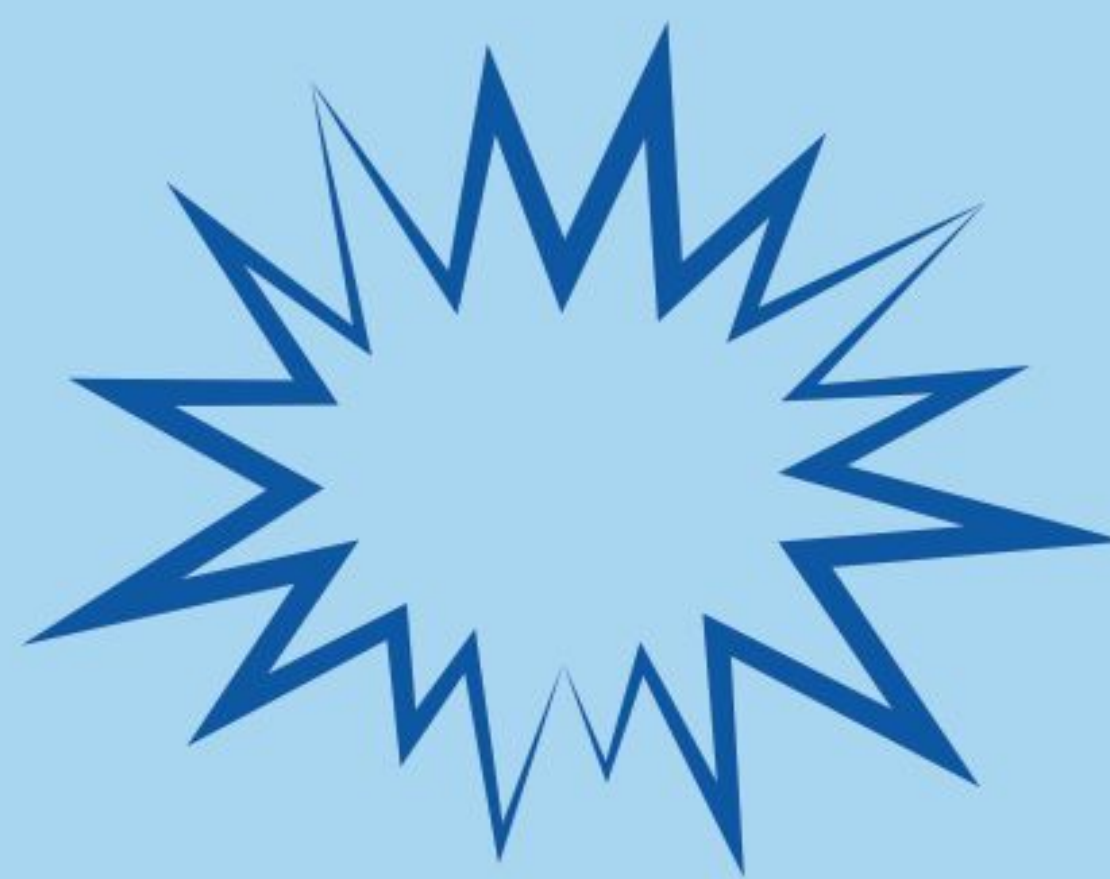


"I COULD NEVER HURT SOMEONE AS PURE AS THE YOUNG PRINCESS!"



"I'VE NEVER HEARD SUCH A SWEET AND MELODIOUS VOICE!"





**"SHE CARES FOR US!
AND SHE CAN MAKE
DAPPLELUMPLINGS,
ER... APPLE
DUMPLINGS!"**

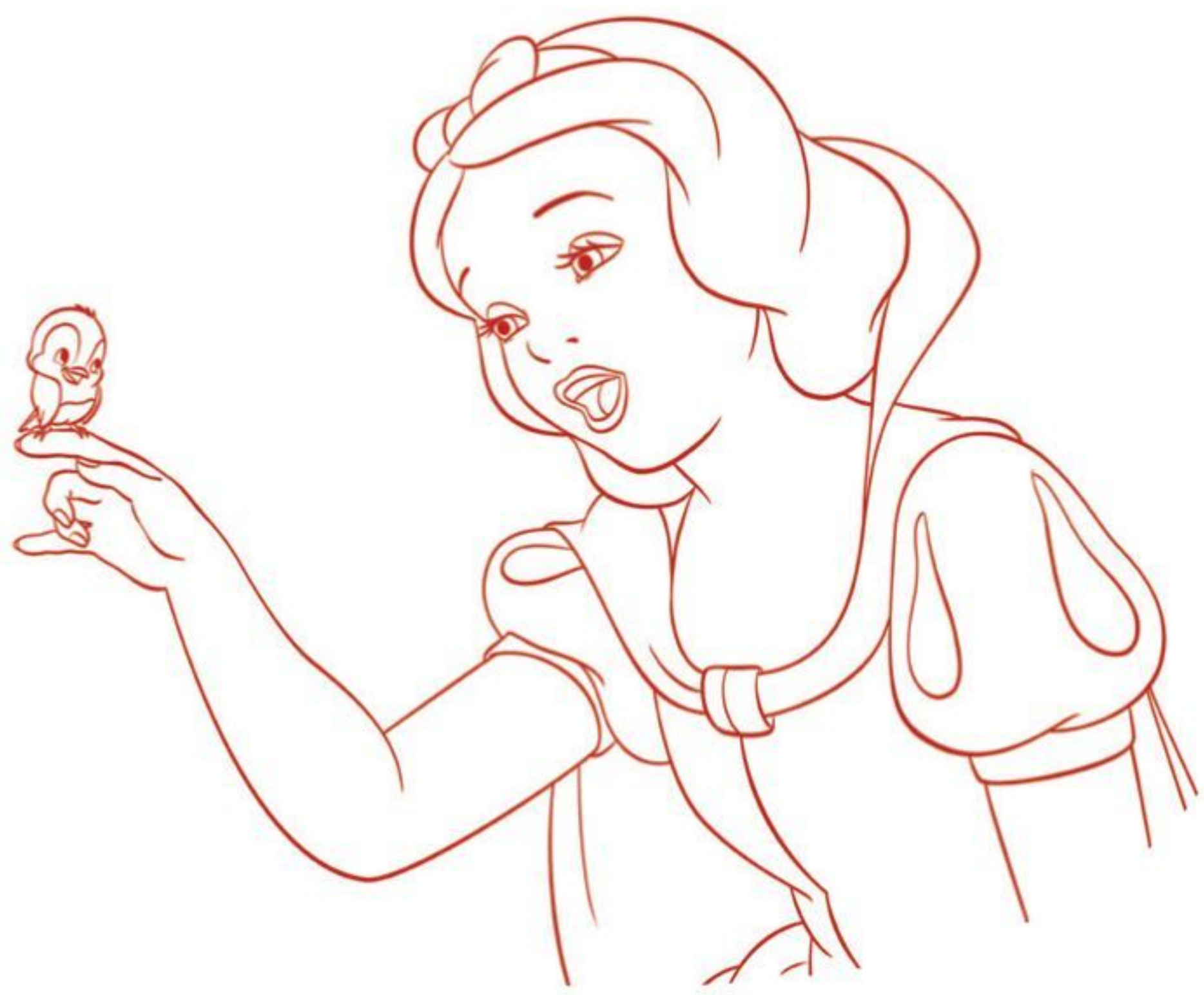


**"HAH! WOMEN! A
FINE KETTLE OF
FISH! BUT SNOW
WHITE SEEMS
SO DIFFERENT..."**



**"SHE CHEERS US UP...A-CHOO!...
YOU'RE RIGHT DOPEY, SHE'S THE
KINDEST PERSON WE'VE EVER MET!"**





QUIZ

DO YOU HAVE A STRONG
HEART LIKE SNOW
WHITE? TAKE THIS QUIZ
TO FIND OUT!

How Resilient Are You?



**In new
situations and
surroundings,
you**

DECIDE TO
NEVER TRY
IT AGAIN

**When you don't
do well
at something,
you**

ADAPT
QUICKLY

LEARN
AND
CHANGE
YOUR
STRATEGY

THINK ABOUT
HOW MUCH
BETTER
THINGS WERE
IN THE PAST

JUST
KEEP
GOING

**When something
disappointing
happens, you**

TELL
YOURSELF
IT'LL BE
BETTER
NEXT TIME
AND FORGET
ABOUT IT

CAN'T STOP
THINKING
ABOUT
HOW BAD
THINGS ARE

**When a job
seems
overwhelming,
you tend to**

GIVE UP





**When
you have
a problem,
you**

PRETTY
CONFIDENT
YOU'LL
SUCCEED

HAVE
SEVERAL
GOOD
FRIENDS
TO TALK
WITH

DO NOT
LIKE
TALKING
ABOUT IT

**When you're
given an
assignment,
you're**

PUT THEM
OUT OF
YOUR
MIND AND
MOVE
ON

WORRIED
YOU'LL
FAIL

**Your response
to problems you
can't control:**

CONSTANTLY
WORRY
ABOUT
THEM



MOSTLY

Blue

POWERFUL

You have a strong heart,
so you keep moving forward,
even when things get tough.

Mixed

CAPABLE

You can be strong, but
sometimes you feel like things
are too hard for you.
Just keep going and you'll
reach your goals!

MOSTLY

Red

FRAGILE

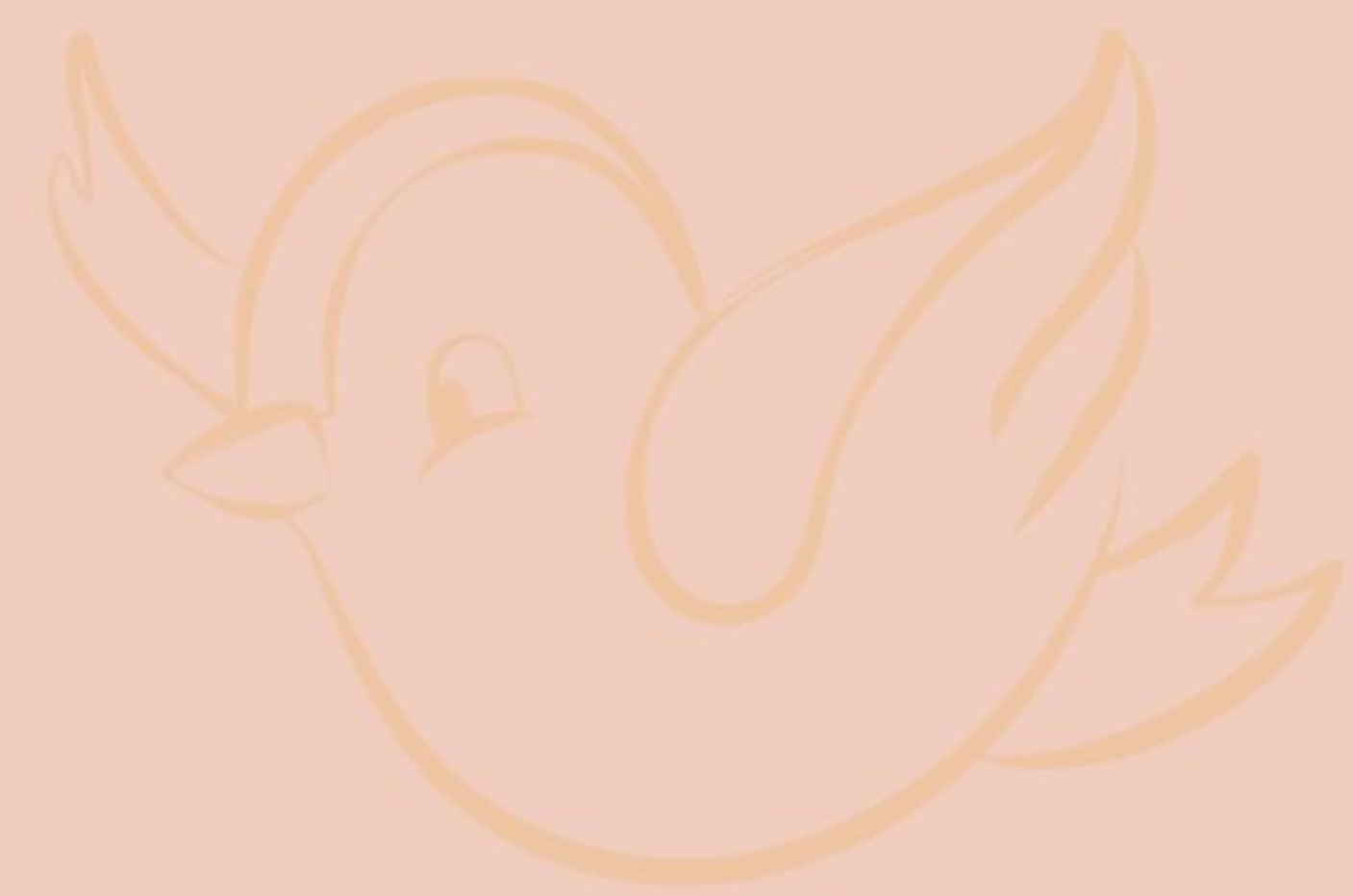
You have talent and ideas,
but you're not always confident,
so you give up. Focus on
the positive and you'll grow
stronger!



DO IT YOURSELF

TEE TIME

MAKE A T-SHIRT TRIBUTE TO SNOW WHITE
WITH THIS COOL APPLE GRAPHIC!



*Ask an
Adult
for Help!*

You'll Need:



SPONGE



A LONG-SLEEVED
T-SHIRT



SAFETY
SCISSORS



FABRIC
PAINTS



MASKING
TAPE



A PLASTIC
PLATE



STEP 1
FROM THE INSIDE
BACK COVER,
CUT OUT
THE APPLE DESIGN
TO MAKE A STENCIL.



STEP 2
TAPE THE TEMPLATE
TO A LONG-SLEEVED
T-SHIRT. POUR A LITTLE
FABRIC PAINT ONTO
A PLASTIC PLATE.



STEP 3
DIP A SPONGE INTO
THE FABRIC PAINT AND
WIPE OFF THE EXCESS.
LIGHTLY DAB THE SPONGE
ONTO THE APPLE.



STEP 4
ALLOW THE PAINT TO DRY,
THEN REMOVE THE TAPED
STENCIL. YOUR SHIRT
IS READY TO WEAR!



Solutions



RASPBERRY PIE

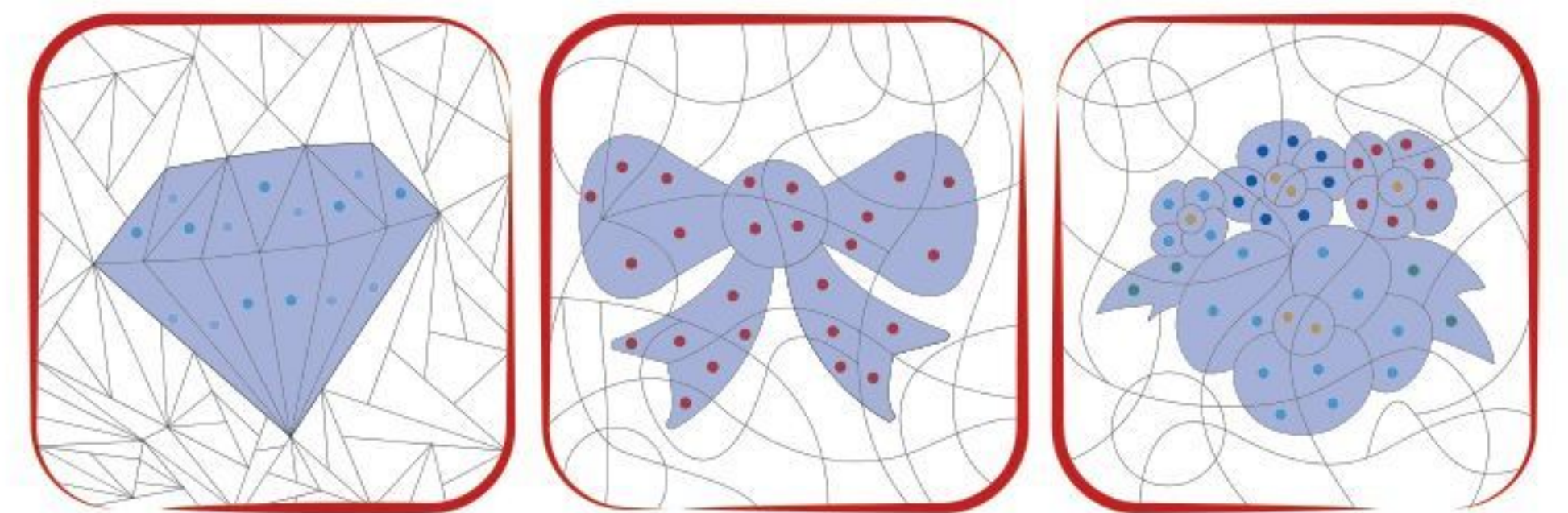


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2



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Francesca Cadei, Gaia Daverio
Studio Prodesign - Milan, Italy

CREATIVE OVERVIEW

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Federica Salfo (p. 27)

CONTRIBUTORS

Cecilia Cristoforetti

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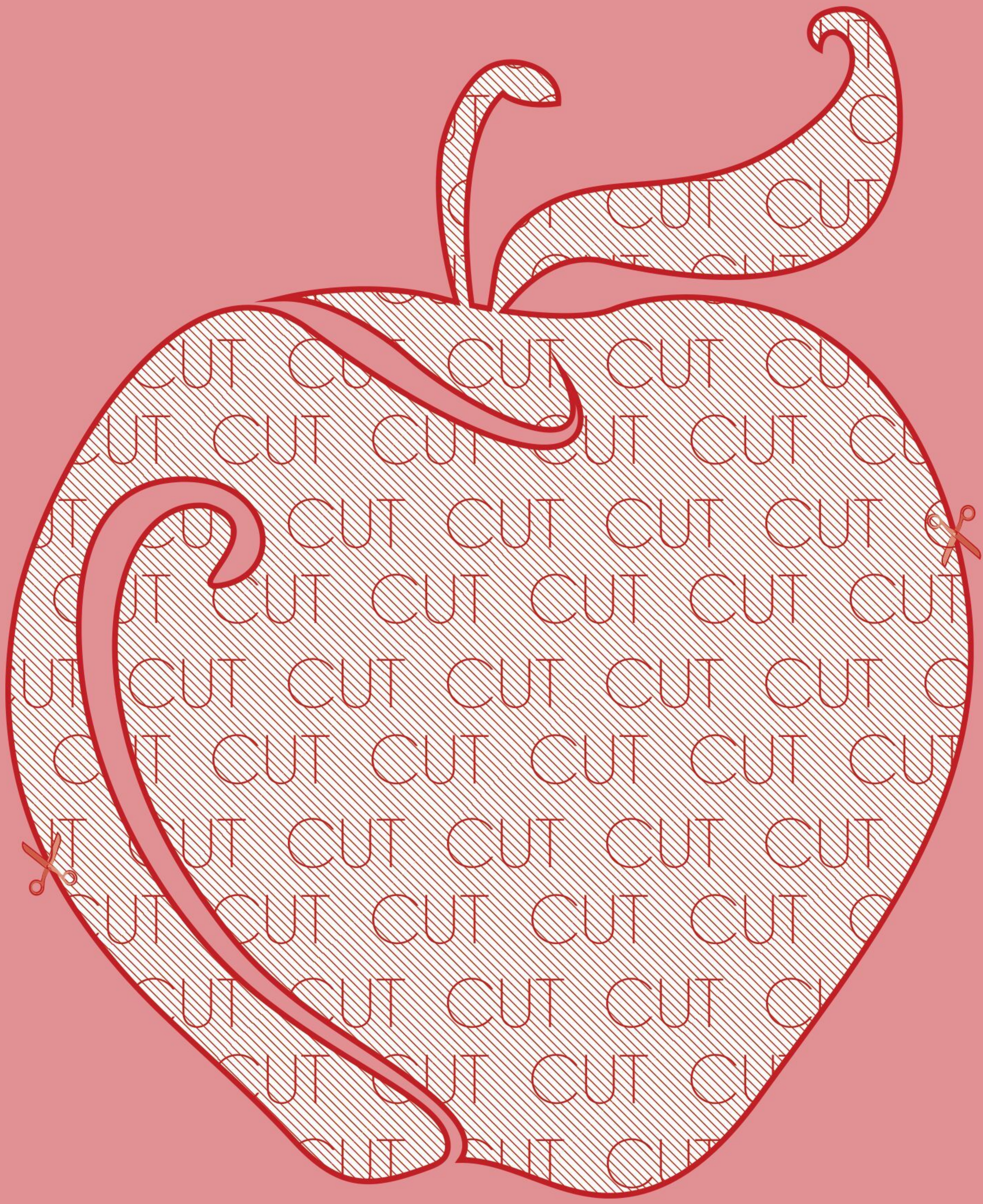
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Disney
PRINCESS
DREAM BIG,
PRINCESS



Achieve
your **DREAM**
with a **SMILE**
and a **SONG**



A



Disney
PRINCESS
DREAM BIG,
PRINCESS

PRINCESS
makes **FRIENDS**
WHEREVER
she **GOES**

